CONTENTS

	Illustrations	ix
	Acknowledgments	xi
	Introduction	1
Par	t I The Dynamics of Regional Interactions	25
1.	Political, Economic, and Agricultural Patterns Before the Mid-Sixteenth Century	27
2.	Shipping Slaves from a Decentralized Region	55
3.	Producing Slaves in a Decentralized Region	91
Pai	t II The Dynamics of Intracommunity Interactions	117
4.	Struggles over New Political and Economic Institutions in Balanta Communities in the Seventeenth and Eighteenth Centuries	119
5.	The Rise of Balanta Paddy Rice Production and Masculinization of Agricultural Labor in the Seventeenth and Eighteenth Centuries	
6.	Political, Economic, and Agricultural Patterns in the Nineteenth Century	177
	Conclusion	203
	Appendix 1 Bissau Slave Census of 1856	211
	Appendix 2 Cape Verde Slave Census of 1856	215

		Contents	
Appendix 3	Cacheu Slave Census of 1856	217	
Appendix 4	Bissau, Cape Verde, and Cacheu Slave Censuses of 1856 Combined	221	
Appendix 5	Slave Exports from the Guinea-Bissau Region	225	
Glossary of Foreign Terms and Measurements			
Bibliography		231	
Index		251	

viii

ILLUSTRATIONS

0.1	Senegambia and the Upper Guinea Coast	χV
0.2	Guinea-Bissau Region	xvi
1.1	West Africa	29
1.2	Ria Coastline of Guinea-Bissau	42
4.1	Ethnic Groups of Senegambia and the Upper Guinea Coast	138
PHC	DTOGRAPHS	
1.1	Mam Nambatcha at his <i>tabanca</i> in Cufar, March 1995.	37
5.1	Male age grades building a primary dike, date unknown.	161
5.2	Balanta plowing fields with their b'kebinde, date unknown.	162
5.3	Rice paddies ready for harvest in Cufar, 1995.	164
5.4	Women milling rice in Cufar, 1995.	165
TAB	ELES	
0.1	Translation of a Page of the 1856 Bissau Registry of Slaves	xiv
2.1	Ethnicities of Afro-Peruvians from Senegambia and the	
	Upper Guinea Coast in Peruvian Notorial Records, 1560–1650	70
2.2	Ethnicities of Afro-Peruvians from Senegambia and the Upper	
	Guinea Coast in the Parish of San Marcelo de Lima, Peru	
	(libros de bautismos), 1583–1589	71
2.3	Ethnicities of Afro-Peruvians from Senegambia and the Upper	
	Guinea Coast in Hernay, Chincha, Pisco, Caucato, and	
	Cóndor, Peru (parishioners confirmed), 1632	71
2.4	Ethnicities of Afro-Peruvians from Senegambia and the Upper	
	Guinea Coast in the Parish of San Marcelo de Lima, Peru	
	(libros de matrimonies), 1640–1680	72

x	Illustrations
••	HIUSTRANIONS

2.5	Ethnicities of Afro-Peruvians from Senegambia and the Upper	
	Guinea Coast in the Parish of San Marcelo de Lima, Peru	
	(causas de negros), 1630–1702	72
2.6	Exports of the Company of Grão Pará e Maranhão from the	
	Ports of Bissau and Cacheu, 1756-December 1777	77
2.7	People from Guinea-Bissau and Surrounding Region in	
	Koelle's Linguistic Inventory, Sierra Leone, 1840s	81
6.1	Export Estimates for Portuguese Guinea, 1882	186
6.2	Value of Exports from Portuguese Guinea, 1879–1905	187
FIGU	URES	
1.1	The Balanta plow, or kebinde.	45
2.1	Plan of the Praça de S. José de Bissau with its strong tabanca,	
	or stockade.	76
2.2	Map of the journey of Gaspard Mollien.	79
2.3		80
5.1	A bolanha with rice paddies.	160
6.1	Ships trading at Bolama, late nineteenth century.	185
	or stockade. Map of the journey of Gaspard Mollien. Gaspard Mollien in Bissau.	79
	Ships trading at Bolama, late nineteenth century.	