

Contents

Introduction	1
<i>Acknowledgements</i>	2
1 The Nature of Practitioner Research in Counselling	5
2 Types of Research	25
3 What's the Question?	43
4 Using the Literature	59
5 Setting up a Research Study	71
6 Gathering Data	87
7 Analysing and Presenting Quantitative Data	109
8 Doing Qualitative Research	117
9 Evaluating Outcomes	139
10 Studying the Therapeutic Process	161
11 Practitioner Inquiry Groups	169
12 Getting into Print . . . and Other Ways of Getting the Message Across	183
13 Critical Reflexivity and the Reconstruction of Counselling	197
Appendix Annotated List of Key Resources for Counselling Researchers	209
References	215
Index	241