1 Exercise Testing and Interpretat	ion: A
Cell Respiration and Bioenergetics What Is Cardiopulmonary Exercise	2
Testing?	3
Why Measure Gas Exchange to Evaluate	
Cardiovascular Function and	_
Cellular Respiration?	3
Cardiac Stress Test and Pulmonary	
Stress Test: Nomenclature	4
Fallacies Normal Counting of External to Collular	4
Normal Coupling of External to Cellular	4
Respiration	4
2 Physiology of Exercise	
Skeletal Muscle	11
Mechanical Properties and Fiber Types	11
Energetics	12
Oxygen Cost of Work	18
Work Efficiency	18
Vo ₂ Non–Steady State	19
Lactate Increase	19
Lactate Increase as Related to Work Rate	19
Lactate Increase as Related to Time	20
Lactate Increase in Response to	01
Increasing Work Rate	21
Mechanisms of Lactate Increase	22
Oxygen Supply, Critical Capillary Po ₂ , and	22
Lactate Increase	23
Buffering the Exercise-Induced Lactic Acidosis	28
The Anaerobic Threshold Concept	30
The Oxygen Flow-Independent and Oxygen	30
Flow-Dependent Work Rate Zones and	
the Anaerobic Threshold	31
Identifying the Anaerobic Threshold by Gas	01
Exchange	32
Zienange	
3 Changes in Blood Gases and pl	H Dui
Oxygen, Carbon Dioxide, and H+ Ion	
Transport	67
Po ₂	67
Pco,	68
H+ Ion	68

n Overview	1
Patterns of Change in External Respiration (Oxygen Uptake and Carbon Dioxide Output) as Related to Function,	
Fitness, and Disease	5
Factors Limiting Exercise	6
Fatigue	6
Dyspnea	6
Pain	6
Evidence of Systemic Dysfunction	Ü
Uniquely Revealed by Integrative	
Cardiopulmonary Exercise Testing	7
cururopumonary Exercise resumg	•
	10
	10
Altered Physiological Responses to Exercise	
Above the Anaerobic Threshold	35
Anaerobic, Lactate, and Lactic Acidosis	
Thresholds	41
Metabolic-Cardiovascular-Ventilatory	
Coupling	42
Cellular Respiration and High-Energy	
Phosphate Regeneration	42
Cardiovascular Coupling to Metabolism:	
Muscle Oxygen Supply	43
Ventilatory Coupling to Metabolism	45
Effect of Dietary Substrate	48
Control of Breathing	50
Acid-Base Regulation	50
Physical Factors	50
Reflexes Regulating Breathing During	
Exercise	51
Gas Exchange Kinetics	55
Oxygen Uptake Kinetics	56
Carbon Dioxide Output Kinetics	58
Summary	59
ing Exercise	66
The Relation Between Cardiac Output and	
Oxygen Uptake During Exercise	69
Estimating Cardiac Output	71
Carbon Dioxide Transport	71
Summary	74
•	χi

4 Measurements During Integrat	ive C
Exercise Testing	
What Is an Integrative Cardiopulmonary Exercise Test?	77
When Should Cardiopulmonary Exercise	
Testing Be Used?	77
Measurements	78
Electrocardiogram	78
Maximal Oxygen Uptake (Vo₂max) and	
Maximum Oxygen Uptake (Peak Vo ₂)	80
Oxygen Uptake and Work Rate	81
Pattern of Work Rate Increase and the Vo ₂	
Response	81
Cardiac Output and Stroke Volume	84
Anaerobic, Lactate, and Lactic Acidosis	
Thresholds	86
Heart Rate-Oxygen Uptake Relationship	
and Heart Rate Reserve	90
5 Pathophysiology of Disorders l	Limiti
Obesity	112
Peripheral Arterial Diseases	114
Heart Diseases	114
Coronary Artery Disease	115
Myopathic Heart Disease	116
Valvular Heart Disease	117
Congenital Heart Disease	118
Pulmonary Vascular Diseases	118
Causes of Increased Ventilation	118
Causes of Exercise Arterial Hypoxemia	119
Effect on Systemic Hemodynamics	119
Ventilatory Disorders	120
Obstructive Lung Diseases	120
Restrictive Lung Diseases	124
Chest Wall (Respiratory Pump) Disorders	125
6 Clinical Exercise Testing	
· ·	104
Exercise Laboratory and Equipment	134
General Laboratory Environment	134
Gas Exchange Measurement	134
Measurement of Volume, Flow Rate, or	105
Ventilation	135
Breathing Valves, Mouthpieces, and Masks	136
Gas Analyzers	136
Ergometers: Treadmills and Cycles	137
Electrocardiogram and Systemic Blood Pressure	139
Oximetry, Blood Sampling, and Arterial	4.40
Catheters	140
Data Sampling and Computation	142
Quality Control, Validation, and Maintenance	142

ardiopulmonary	
	76
Oxygen Pulse and Stroke Volume	91
Arterial Blood Pressure	92
Breathing Reserve	92
Expiratory Flow Pattern	92
Tests of Uneven VA/Q	93
Arterial Bicarbonate and Acid-Base Response	98
Tidal Volume/Inspiratory Capacity Ratio	99
Measurements Unique to Constant Work	
Rate Exercise Testing	99
Data Display and Interpretation	104
Evaluation of Systemic Function from the	404
Nine-Panel Graphical Array	104
Factors Confounding Interpretation of	407
Cardiopulmonary Exercise Testing	106
Summary	106
n a Evancias	111
ng Exercise	111
Defects in Hemoglobin Content and	
Quality	126
Anemia	126
Left-shifted Oxyhemoglobin Dissociation Curve	127
Carboxyhemoglobinemia and Cigarette Smoking	127
Chronic Metabolic Acidosis	127
Muscle Disorders and Endocrine	100
Abnormalities Psychogonic Causes of Eversica Limitation	128
Psychogenic Causes of Exercise Limitation and Dyspnea	128
Anxiety Reactions	128
Poor Effort and Manipulated Exercise	120
Performance	129
Combinations of Defects	129
Summary	129
,	
	100
• • • • • • • • • • • • • • • • • • • •	133
Preparing for the Exercise Test	144
Requesting the Test and Notifying the Patient	144
The Patient in the Exercise Laboratory	144
Performing the Exercise Test	146
Incremental Exercise Test to Symptom-Limited	
Maximum	146
Constant Work Rate Exercise Tests	150
Treadmill Test for Detecting Myocardial Ischemia	152
Arm Ergometry	153
Other Tests Suitable for Fitness or Serial	
Evaluations	154
Preparing the Report	156
Summary	156

7 Normal Values	
Peak Oxygen Uptake	161
Age and Gender	161
Activity Level	161
Adults of Normal (Predicted) Body Weight	161
Overweight Patients	163
Underweight Patients	166
Children	166
Exercise Mode	166
Recommendations	167
Peak Heart Rate and Heart Rate	
Reserve	168
Relationship of Oxygen Uptake	
and Heart Rate: The Peak	
Oxygen Pulse	168
Brachial Artery Blood Pressure	170
Anaerobic Threshold	171
Oxygen Uptake-Work Rate	
Relationship	172
•	
8 Principles of Interpretation: A	Flowcl
Introduction to Flowcharts	184
Establishing the Pathophysiological	
Basis of Exercise Intolerance	184
Maximum Exercise Capacity and	
Anaerobic Threshold	
(Flowchart 1)	184
Exercise Intolerance with Normal Peak	
Oxygen Uptake (Flowchart 2)	186
9 Clinical Applications of Cardio	opulmo
Differential Diagnosis of Disorders	
Causing Exercise Intolerance	199
Pathophysiological Responses in	
Common Disorders	200
Oxygen Uptake and Carbon Dioxide Output	
as Related to Work Rate	200
Heart Rate and Carbon Dioxide Output	
as a Function of Oxygen Uptake	202
Heart Rate and Oxygen Pulse as a Function	
of Work Rate	202
Tidal Volume as a Function of Exercise Minute	
Ventilation	202
Exercise Minute Ventilation as a Function	
of Carbon Dioxide Output	206
Ventilatory Equivalents for Oxygen	
and Carbon Dioxide	206
End-Tidal Oxygen and Carbon Dioxide	206

	160
Breathing Reserve, Tidal Volume, and	
Breathing Frequency at Maximum	
Exercise	172
Exercise Ventilation and Breathing Reserve	172
Tidal Volume and Breathing Frequency	173
Recommendations	174
Ventilatory Efficiency	174
Physiological Dead Space-Tidal Volume	
Ratio	175
Arterial and End-Tidal Carbon Dioxide	
Tensions	176
Arterial, Alveolar, and End-Tidal	
Oxygen Tensions and Arterial	
Oxyhemoglobin Saturation	177
Femoral and Mixed Venous Values and	
Estimation of Cardiac Output	178
Acid-Base Balance	179
Summary	180
nart Approach	183
Low Peak Oxygen Uptake with Normal	
Anaerobic Threshold (Flowchart 3)	190
Low Peak Oxygen Uptake with Low Anaero	obic
Threshold (Flowchart 4)	191
Low Peak Oxygen Uptake with Anaerobic	
Threshold Not Determined	
(Flowchart 5)	195
Summary	196
onary Exercise Testing	198
Diagnoses Uniquely Made by	210
Cardiopulmonary Exercise Testing	210
Development of Myocardial Dyskinesis with Myocardial Ischemia During Exercise	210
Chronic Heart Failure Due to Diastolic	210
Dysfunction	210
Pulmonary Vascular Occlusive Disease	210
Without Pulmonary Hypertension	
(Pulmonary Vasculopathy)	211
Patent Foramen Ovale with Development	211
of a Right-to-Left Shunt During Exercise	211
Pulmonary Vascular Disease Limiting	211
Exercise in Chronic Obstructive	
Pulmonary Disease	212
Impaired Muscle Bioenergetic Function	214
Psychogenic Dyspnea and Behavioral	
Causes of Exercise Intolerance	214
Causes of Exercise Intolerance	411

Grading Severity of Heart Disease Estimating Peak Cardiac Output During Exercise from Oxygen Uptake	214
at Peak Work Rate	215
Cardiac Output Estimated from Oxygen	-10
Uptake Applying the Fick Principle	215
Behavior of Changing Arterial–Venous Oxygen	210
Difference During Exercise	216
Estimating Arterial–Venous Oxygen Difference	216
Shortcut Estimate of Stroke Volume from	
Oxygen Pulse	217
Cardiopulmonary Exercise Testing	
for Prognostic Evaluation	218
Prognosis in Heart Failure and Prioritizing	_10
Patients for Heart Transplantation	218
Prognosis in Primary Pulmonary Hypertension	210
and Prioritizing Patients for Lung	
Transplantation	220
Prognosis in Chronic Obstructive	220
Pulmonary Disease and Prioritizing	
Emphysema Patients for Lung	
Reduction Surgery	221
0 7	
10 Case Presentations	245
Case 1 Normal Man Case 2 Normal Athlete	245 248
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen	
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies	
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen	248251
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies	248251256
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman	248251256261
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man	248251256261264
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man	248251256261
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory	248251256261264267
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity	248251256261264
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild	248 251 256 261 264 267 270
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease	248251256261264267
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease Case 10 Normal Subject: Cycle and	248 251 256 261 264 267 270
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease Case 10 Normal Subject: Cycle and Treadmill Studies	248 251 256 261 264 267 270
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease Case 10 Normal Subject: Cycle and Treadmill Studies Case 11 Normal Subject: Before and	248 251 256 261 264 267 270 273
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease Case 10 Normal Subject: Cycle and Treadmill Studies	248 251 256 261 264 267 270 273
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease Case 10 Normal Subject: Cycle and Treadmill Studies Case 11 Normal Subject: Before and	248 251 256 261 264 267 270 273 276
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease Case 10 Normal Subject: Cycle and Treadmill Studies Case 11 Normal Subject: Before and After β-Adrenergic Blockade Case 12 Normal Subject: Immediate Effects of Cigarette Smoking	248 251 256 261 264 267 270 273 276
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease Case 10 Normal Subject: Cycle and Treadmill Studies Case 11 Normal Subject: Before and After β-Adrenergic Blockade Case 12 Normal Subject: Immediate Effects of Cigarette Smoking	248 251 256 261 264 267 270 273 276 280
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease Case 10 Normal Subject: Cycle and Treadmill Studies Case 11 Normal Subject: Before and After β-Adrenergic Blockade Case 12 Normal Subject: Immediate Effects of Cigarette Smoking Case 13 Cardiologic Misdiagnoses in a Man at Ages 65 and 72	248 251 256 261 264 267 270 273 276 280
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease Case 10 Normal Subject: Cycle and Treadmill Studies Case 11 Normal Subject: Before and After β-Adrenergic Blockade Case 12 Normal Subject: Immediate Effects of Cigarette Smoking Case 13 Cardiologic Misdiagnoses in a Man at Ages 65 and 72	248 251 256 261 264 267 270 273 276 280 285
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease Case 10 Normal Subject: Cycle and Treadmill Studies Case 11 Normal Subject: Before and After β-Adrenergic Blockade Case 12 Normal Subject: Immediate Effects of Cigarette Smoking Case 13 Cardiologic Misdiagnoses in	248 251 256 261 264 267 270 273 276 280 285
Case 1 Normal Man Case 2 Normal Athlete Case 3 Normal Man: Air and Oxygen Breathing Studies Case 4 Normal Woman: Air and Oxygen Breathing Studies Case 5 Normal Woman Case 6 Normal Man Case 7 Normal Man Case 7 Normal Man Case 8 Normal Man with Ventilatory Chemoreflex Insensitivity Case 9 Exceptionally Fit Man with Mild Lung Disease Case 10 Normal Subject: Cycle and Treadmill Studies Case 11 Normal Subject: Before and After β-Adrenergic Blockade Case 12 Normal Subject: Immediate Effects of Cigarette Smoking Case 13 Cardiologic Misdiagnoses in a Man at Ages 65 and 72 Case 14 Obesity, Hypertension, and	248 251 256 261 264 267 270 273 276 280 285 290

Preoperative Evaluation of Surgical Risk	222
Thoracic Surgery	222
Abdominal Surgery	223
Who Should Undergo Cardiopulmonary	
Exercise Testing Preoperatively?	223
Measuring Impairment for Disability	
Evaluation	223
Impairment and Disability	224
Problems in Assessing Impairment from	
Only Resting Measures	224
Exercise Testing and Impairment Evaluation	225
Oxygen Cost of Work	226
Exercise Rehabilitation	226
Physiological Basis of Exercise Rehabilitation	226
Exercise Rehabilitation in Heart Disease	228
Exercise Rehabilitation in Chronic Obstructive	
Pulmonary Disease	230
Assessing the Effectiveness of Treatment	232
Screening for Development of Disease	0_
in High-Risk Patients	235
Graded Exercise Testing and the Athlete	235
Summary	235
•••••	242
Case 17 Coronary Artery Disease	
Case 17 Coronary Artery Disease Case 18 Small Vessel Coronary Artery	242 306
Case 17 Coronary Artery Disease Case 18 Small Vessel Coronary Artery Disease	306
Case 18 Small Vessel Coronary Artery Disease	
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease	306
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year	306 309
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval	306
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with	306 309
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive	306 309 312
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease	306 309
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia,	306 309 312
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and	306 309 312 317
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease	306 309 312 317 320
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy	306 309 312 317 320 323
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy Case 23 Cardiomyopathy	306 309 312 317 320
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy Case 23 Cardiomyopathy, Case 24 Cardiomyopathy, Hypertrophic	306 309 312 317 320 323 326
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy Case 23 Cardiomyopathy Case 24 Cardiomyopathy, Hypertrophic Type	306 309 312 317 320 323
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy Case 23 Cardiomyopathy Case 24 Cardiomyopathy, Hypertrophic Type Case 25 Chronic Heart Failure: Before	306 309 312 317 320 323 326 329
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy Case 23 Cardiomyopathy Case 24 Cardiomyopathy, Hypertrophic Type Case 25 Chronic Heart Failure: Before and After Therapy	306 309 312 317 320 323 326
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy Case 23 Cardiomyopathy Case 24 Cardiomyopathy, Hypertrophic Type Case 25 Chronic Heart Failure: Before and After Therapy Case 26 Cardiomyopathy with	306 309 312 317 320 323 326 329 333
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy Case 23 Cardiomyopathy Case 24 Cardiomyopathy, Hypertrophic Type Case 25 Chronic Heart Failure: Before and After Therapy Case 26 Cardiomyopathy with Oscillatory Function	306 309 312 317 320 323 326 329 333 338
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy Case 23 Cardiomyopathy Case 24 Cardiomyopathy, Hypertrophic Type Case 25 Chronic Heart Failure: Before and After Therapy Case 26 Cardiomyopathy with Oscillatory Function Case 27 Mitral Insufficiency	306 309 312 317 320 323 326 329 333
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy Case 23 Cardiomyopathy Case 24 Cardiomyopathy, Hypertrophic Type Case 25 Chronic Heart Failure: Before and After Therapy Case 26 Cardiomyopathy with Oscillatory Function Case 27 Mitral Insufficiency Case 28 Mitral Stenosis: Before and	306 309 312 317 320 323 326 329 333 338 342
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy Case 23 Cardiomyopathy Case 24 Cardiomyopathy, Hypertrophic Type Case 25 Chronic Heart Failure: Before and After Therapy Case 26 Cardiomyopathy with Oscillatory Function Case 27 Mitral Insufficiency Case 28 Mitral Stenosis: Before and After β-Adrenergic Blockade	306 309 312 317 320 323 326 329 333 338 342 345
Case 18 Small Vessel Coronary Artery Disease Case 19 Coronary Artery Disease Developed Over a Three-Year Interval Case 20 Myocardial Ischemia with Mild Interstitial and Obstructive Airway Disease Case 21 Silent Myocardial Ischemia, Systemic Hypertension, and Mild Interstitial Lung Disease Case 22 Ischemic Cardiomyopathy Case 23 Cardiomyopathy Case 24 Cardiomyopathy, Hypertrophic Type Case 25 Chronic Heart Failure: Before and After Therapy Case 26 Cardiomyopathy with Oscillatory Function Case 27 Mitral Insufficiency Case 28 Mitral Stenosis: Before and	306 309 312 317 320 323 326 329 333 338 342

Case 31 Peripheral Arterial Disease	
with Pulmonary Vascular and	
Obstructive Airway Disease	357
Case 32 Heart Failure–Dominant	
Mixed Cardiovascular Disease	
in an Anemic Smoker	360
Case 33 Hypertensive Cardiovascular	000
Disease and	
Carboxyhemoglobinemia	363
Case 34 Patent Ductus Arteriosus	366
Case 35 Vasoregulatory Asthenia	369
Case 36 Mild Chronic Bronchitis with	507
Normal Exercise Performance	372
Case 37 Chronic Bronchitis and Obesity	375
Case 38 Chronic Bronchitis, Cigarette	373
Smoking, and Obesity	378
Case 39 Emphysema with Mild Airway	376
Obstruction	381
Case 40 Severe Emphysema	384
Case 41 Emphysema with Pulmonary	304
Vascular Disease	207
	387
Case 42 Severe Emphysema and	
Bronchitis: Air and Oxygen	200
Breathing Studies	390
Case 43 Lung Cancer and Chronic	205
Bronchitis: Preoperative Evaluation	395
Case 44 Bullous Emphysema: Before	***
and After Bullectomy	398
Case 45 Obstructive Airway Disease:	
Before and After Rehabilitation	403
Case 46 Early Asbestosis and Chronic	
Bronchitis	408
Case 47 Mild Asbestosis	411
Case 48 Restrictive Lung Disease	
(Asbestosis)	414
Case 49 Idiopathic Interstitial	
Lung Disease	417
Case 50 Mixed Connective Tissue Disease	
with Interstitial and Pulmonary	
Vascular Disease	420
Case 51 Interstitial Lung Disease	423
Case 52 Sarcoidosis	426
Case 53 Severe Sarcoidosis: Air and	
Oxygen Breathing Studies	429
Case 54 Interstitial Pneumonitis: Before	
and After Corticosteroid Therapy	433
Case 55 Interstitial Pulmonary Fibrosis:	
Air and Oxygen Breathing Studies	438
Case 56 Pulmonary Alveolar Proteinosis:	
Air and Oxygen Breathing Studies	443
Case 57 Alveolar Proteinosis: Before and	
After Whole-Lung Lavage	447
_ _ _ _	

Casa EQ Dulmanama Minus lithing At	
Case 58 Pulmonary Microlithiasis: Air	450
and Oxygen Breathing Studies Case 59 Thromboembolic Pulmonary	452
Vascular Disease	456
Case 60 Pulmonary Vasculitis: Air and	456
Oxygen Breathing Studies	459
Case 61 Pulmonary Hypertension with	437
Patent Foramen Ovale	464
Case 62 Left Ventricular Failure	404
with Accompanying Lung	
Function Changes	468
Case 63 Pulmonary Vascular Disease	400
Secondary to Interstitial and	
Obstructive Lung Disease	471
Case 64 Pulmonary Arteriovenous	4/1
Fistulae	474
Case 65 Poor Effort	477
Case 66 Poor Effort	480
Case 67 Acute Hyperventilation and	400
Anxiety in a Moderately	
Obese Man	483
Case 68 Skeletal Disease Limiting Exercise	486
Case 69 Ankylosing Spondylitis	489
Case 70 Myasthenia Gravis	492
Case 71 Aortic and Mitral Stenosis and	
Obstructive Airway Disease	495
Case 72 Left Ventricular Failure and Mild	220
Obstructive Airway Disease: Cycle	
and Treadmill Studies	498
Case 73 β-Adrenergic Blockade, Systemic	
Hypertension, Pulmonary	
Vascular Disease, and Mild	
Chronic Bronchitis	502
Case 74 β-Adrenergic Blockade, Obesity,	
and Asbestosis	505
Case 75 Pulmonary Vascular Disease,	
Chronic Bronchitis, Asbestosis,	
and Myocardial Ischemia	508
Case 76 "CHF," "COPD," Obesity,	
and Anemia	511
Case 77 Mild Obstructive Airway Disease	
Complicated by Systemic	
Hypertension and Pulmonary	
Vascular Disease	514
Case 78 Pulmonary Vascular Disease,	
Obstructive Airway Disease,	
and Talc Pneumoconiosis	517
Case 79 Systemic Sclerosis and	
Primary Lung Cancer:	
Preoperative Evaluation	520
Case 80 Primary Pulmonary Hypertension	
Before and After Treatment	523

Case 81 Cardiomyopathy Due to Diastolic	
Dysfunction	528
Case 82 Transition from Normal to Left	
Ventricular Failure	532
Case 83 Psychogenic Dyspnea	537

Case 84 Hypertension Treated	
with β-Adrenergic Blockade	540
Case 85 Ischemic Cardiomyopathy,	
Restrictive Lung Disease,	
and β-Adrenergic Blockade	545

Appendices A. Symbols and Abbreviations	548
B. Glossary	550
C. Calculations, Formulas, and Examples	556
D. Placement of a Brachial Artery Catheter	566
E. Tables and Nomogram	568
Index	571