TABLE OF CONTENTS

Preface		iv
Acknowledgements		v
Chapter 1	The Nature Of Stuttering	1
Chapter 2	Some Commonly Used Strategies To Treat Stuttering	8
Chapter 3	Treatments Shown To Reduce Stuttering	11
Chapter 4	Learning Smooth Speech	17
Chapter 5	Manual For The Smooth Speech Intensive Fluency Program	22
Chapter 6	Manual For The Home Based Smooth Speech Fluency Program	30
Chapter 7	Manual For The EMG Feedback Fluency Program	54
Chapter 8	Principles Of Treatment	69
Chapter 9	Relapse Following Successful Treatment	74
Chapter 10	Stuttering Relapse Management Program For Children And Adolescents	79
Chapter 11	Towards Relaxed Speech: An Anxiety Management Booster For Adults	101
Chapter 12	Changing The Way You Think: An Attitude Booster For Adults	116
References		125