

# Contents

<b>Introduction</b>	1
<b>Part I</b> Prerequisite Information for Using the Program	15
<b>Chapter 1</b> The Rationale for the Program	17
<b>Chapter 2</b> Clinical Assessment of Defiant Children	44
<b>Chapter 3</b> Practical Considerations in Parent Training	73
<b>Chapter 4</b> An Overview of the Parent Training Program	81
<b>Part II</b> Guidelines for Therapists in Conducting Each Step of the Program	89
<b>Step 1</b> Why Children Misbehave	91
<b>Step 2</b> Pay Attention!	102
<b>Step 3</b> Increasing Compliance and Independent Play	111
<b>Step 4</b> When Praise Is Not Enough: Poker Chips and Points	120
<b>Step 5</b> Time Out! and Other Disciplinary Methods	131
<b>Step 6</b> Extending Time Out to Other Misbehavior	145
<b>Step 7</b> Anticipating Problems: Managing Children in Public Places	147
<b>Step 8</b> Improving School Behavior from Home: The Daily School Behavior Report Card	155
<b>Step 9</b> Handling Future Behavior Problems	159
<b>Step 10</b> Booster Session and Follow-Up Meetings	162

<b>Assessment Materials</b>	<b>165</b>
General Instructions for Completing the Questionnaires (Form 1)	169
Child and Family Information Form (Form 2)	170
Developmental and Medical History Form (Form 3)	171
Disruptive Behavior Disorders Rating Scale—Parent Form (Form 4)	174
Disruptive Behavior Disorders Rating Scale—Teacher Form (Form 5)	176
Home Situations Questionnaire (Form 6)	177
School Situations Questionnaire (Form 7)	178
How to Prepare for Your Child's Evaluation (Form 8)	179
Clinical Interview—Parent Report Form (Form 9)	188
Adult Behavior Rating Scale—Self-Report of Current Behavior (Form 10)	213
Adult Behavior Rating Scale—Self-Report of Childhood Behavior (Form 11)	214
<b>Parent Handouts for Steps 1–10</b>	<b>215</b>
Parent Handout for Step 1: Profiles of Child and Parent Characteristics	219
Parent Handout for Step 1: Family Problems Inventory	220
Parent Handout for Step 2: Paying Attention to Your Child's Good Play Behavior	222
Parent Handout for Step 3: Paying Attention to Your Child's Compliance	225
Parent Handout for Step 3: Giving Effective Commands	227
Parent Handout for Step 3: Attending to Independent Play	228
Parent Handout for Step 4: The Home Poker Chip/Point System	230
Parent Handout for Step 5: Time Out!	233
Parent Handout for Step 7: Anticipating Problems—Managing Children in Public Places	237
Parent Handout for Step 8: Using a Daily School Behavior Report Card	240
Parent Handout for Step 9: Managing Future Behavior Problems	247
<b>References</b>	<b>248</b>
<b>Index</b>	<b>262</b>