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1. Beyond Dependency
Case Study of Libby Williams 1

The story of a woman who entered a traditional marriage that ended traumatically and who then had to explore different sexual options in order to find personal satisfaction.

Topics: emotional dependency, early marriage, gang rape, suicide of a spouse, sexual experimentation, quality of relationships, and sexual awareness.

2. Trying to Leave a Traditional Life-style
Case Study of Stan Fitzgerald 15

This man chose to leave his family's traditional Catholic life-style. The case study analyzes the problems he had in pursuing a new life-style.

Topics: adolescent sexuality, peer groups, virginity, romantic fantasies versus actual relationships, value clarification, sexual self-esteem, and impotence.

3. Sexual Experimentation Leading Finally to a More
Traditional Relationship
Case Study of Nick Orren 31

This man experimented with a wide variety of sexual life-styles and ultimately returned to a fairly traditional marriage.

Topics: self-confidence, sexual confidence, sexual experimentation,

drugs and sex, group sex, abortion, life-structures, contrasting relationships, sexuality as a developmental process, and sexual maturity.

4. Growing up as a Lesbian
Case Study of Tori Montgomery 49

The story of a woman who discovered she was gay and a discussion of how being a lesbian has influenced and shaped her life.

Topics: emerging lesbian feelings, social stigma, the power of labels, loneliness, coming out, emotional and sexual satisfaction, managing a socially unapproved sexual identity, the social construction of sexuality, lesbian versus heterosexual perspectives, and gay issues.

5. Living a Life of Committed Celibacy within a Sexual Society
Case Study of Father Patrick Graddy 63

This man chose to become a Catholic priest. He discusses how he has dealt with the issues of celibacy and sexuality within our sexual society.

Topics: self-image, adolescent uncertainty, religion and celibacy, intellectual versus emotional growth, the power of choice, choosing sexual meanings, historical celibacy, and utilizing sexual insights.

6. A Journey into the World of Prostitution and Beyond
Case Study of Jennifer Bryce 79

The story of a woman from an upper-middle-class family who, during her youth, escaped from her family and became a prostitute. The case study analyzes her experiences as a prostitute and how she adjusted to leaving that profession.

Topics: the abuse of children, prostitution, sexual extremes, impersonal sex, strippers, social stigmas, battered women, therapy, and rebuilding a sexual identity.

7. Radical Midlife Changes
Case Study of Kevin Krammer 99

A study of a professor who led a traditional life until age forty-five and who then decided his life was not much of a success. He entered the realm of financial investment and became wildly successful. He believes success radically changed his sense of self and his sexuality.

Topics: fear of mediocrity, midlife crisis, open relationships, risk taking, power-sexuality, success and sexual identity, and aging and sexuality.

8. A Life of Contrasting Options
Case Study of Ed Fogelberg 117

This is the story of a gay man who has AIDS. An analysis is offered of his sexual development and how he is living with this deadly disease.

Topics: male homosexuality, causes of sexual orientation, sexual experimentation, AIDS, the grief process, the gay subculture, and appreciation of life.

9. Sex, Drugs, and Rock and Roll
Case Study of Terry Grant 139

This man led a successful rock and roll band, but his deep involvement with sex and drugs has proved problematic.

Topics: sexual alienation, career shaping sexuality, scoring sexually, emotional detachment, drug abuse, image construction, and authentic experience.

10. Living with Incest
Case Study of Joanne Sheridan 157

A story of an incest survivor who has undergone extensive therapy and is learning how to develop a satisfying sexual relationship.

Topics: family dynamics, sexual abuse of children, guilt, sexual disclosure, betrayal, raging anger, sexual therapy, and support networks.

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