

# CONTENTS

<b>PREFACE</b>	v
<b>GLOSSARY</b>	xi
<b>INTRODUCTION</b>	1
<b>An Historical Background to Medical Imaging</b>	1
X-ray Radiography: The First Revolution	3
X-ray CT: The Second Revolution	3
MRI	4
Diagnostic Nuclear Medicine	6
Diagnostic Ultrasound	7
The Future	7
<b>1 TOMOGRAPHY</b>	9
<b>1.1 INTRODUCTION</b>	9
<b>1.2 Simple Backprojection Reconstruction</b>	10
Projections	10
The Numbers in Box Puzzle	12
Simple Backprojection	14
<b>1.3 The Fourier Method</b>	17
The Central Slice Theorem	17
Fourier Reconstruction	20
Digital Reconstruction	20
Reconstruction Variations	21
Sequential Data Collection and Patient Movement	23
Digitisation of the Projections	23
The Number of Projections	24
Signal to Noise Ratio	24
Tomographic Image Artefacts	25

<b>Questions and Problems</b>	<b>26</b>
<b>2 ATOMIC AND NUCLEAR PHYSICS</b> <span style="float: right;">27</span>	
<b>2.1 Introduction</b>	<b>27</b>
<b>2.2 The Scope of Physics</b>	<b>30</b>
What is Exact About Physics?	30
Classical Physics	31
Mechanics	31
The Conservation Laws	32
Thermodynamics	35
The Microscopic Picture of Thermodynamics	37
Electricity and Magnetism	38
The Need for Quantum Mechanics	39
Photons – Quanta of Light	40
Other Quanta	42
Atomic Physics	45
States of Atomic Matter	45
Atomic Structure	47
The Bohr Atom	48
Quantum Mechanics	50
The Periodic Table of Elements	53
<b>2.3 The Interaction of Photons with Atoms</b>	<b>56</b>
X-ray Scattering and Absorption by Atoms	56
Elastic Scattering	57
Inelastic Scattering	58
Compton Scattering	59
The Photoelectric Effect	60
<b>2.4 Nuclear Physics and Radioactivity</b>	<b>62</b>
Nuclear Structure	63
Nuclear Binding Energy	64
The Nuclear Shell Model	65
Radioactive Decay	67
Unstable Nuclei	69

Radioactive Decay Law	70
Natural Radioactivity	71
Nuclear Fission	73
Artificial Radionuclide Production	74
Neutron Capture	74
Fission Products	77
Particle Bombardment	77
<b>2.5 Nuclear Magnetism and Magnetic Resonance</b>	<b>78</b>
Atomic Magnetism	78
Nuclear Magnetic Moments	82
Nuclear Magnetic Resonance	82
<b>Questions and Problems</b>	<b>88</b>
<b>3 RADIATION PROTECTION</b>	<b>89</b>
<b>3.1 Introduction</b>	<b>89</b>
<b>3.2 International SI Units of Radiation Exposure and Dose</b>	<b>92</b>
Exposure	93
Activity	94
Absorbed Dose	95
Dose Equivalent	95
Effective Dose	96
<b>3.3 The Biological Effects of Radiation</b>	<b>96</b>
Stage 1 the Atomic Level	97
Stage 2 Chemical Interactions	98
Stage 3 Cellular and Whole Animal Changes	99
Clinical Effects of Ionising Radiation	101
<b>3.4 Typical Medical Doses and Dose Limits</b>	<b>102</b>
<b>3.5 Practical Radiation Protection and Monitoring</b>	<b>104</b>
External Protection Measures	104
Dose Trends in Modern Diagnostic Techniques	107

<b>3.6 Safety in Ultrasound and MRI</b>	<b>109</b>
Ultrasound	110
MRI	110
<b>Questions and Problems</b>	<b>112</b>
<b>4 X-RAY RADIOGRAPHY</b>	<b>113</b>
<b>4.1 Introduction</b>	<b>113</b>
<b>4.2 The Linear X-ray Attenuation Coefficient</b>	<b>116</b>
<b>4.3 The Factors Determining Image Quality</b>	<b>119</b>
Contrast	120
Contrast Enhancement	122
Scatter Reduction	123
Detector Noise and Patient Dose	124
Spatial Resolution and the Modulation Transfer Function	127
<b>4.4 X-ray Equipment</b>	<b>129</b>
X-ray Tubes	129
X-ray Tube Operation and Rating	131
The X-ray Spectrum	133
Photon Detectors	135
Photographic Film	136
Film Characteristics	136
Intensifier Screens	138
Electronic Photon Detectors	142
Ionisation Photon Detectors	142
Scintillation Detectors	145
Semiconducting Solid State Detectors	147
The Image Intensifier	148
<b>4.5 The Modern X-ray CT Scanner</b>	<b>150</b>
The First Generation Scanner	151
Third Generation Modern Scanners	152
Spiral CT	153
Hounsfield Units	154

Image Artefacts in CT	156
Beam Hardening	156
Partial Volume	156
Patient Dose and Spatial Resolution in CT	157
<b>4.6 Images from X-rays</b>	<b>159</b>
<b>Questions and Problems</b>	<b>167</b>
<b>5 NUCLEAR MEDICINE GAMMA IMAGING</b> 169	
<b>5.1 Introduction</b>	<b>169</b>
<b>5.2 Radiopharmaceuticals</b>	<b>171</b>
The Ideal Properties of Radionuclides and Carriers	171
Technetium	173
Iodine and Fluorine	173
Xenon and Oxygen	174
<b>5.3 Gamma Cameras</b>	<b>175</b>
The Collimator	175
The Scintillator Crystal	176
Count Rate	176
XY Position and Energy Analysis	177
Gamma Camera Performance	179
The Inherent Low Count Rate in Gamma Imaging	180
Gamma Imaging Source Response Functions	182
<b>5.4 Planar Imaging</b>	<b>183</b>
<b>5.5 Single Photon Emission Computed Tomography, SPECT</b>	<b>184</b>
<b>5.6 Positron Emission Tomography — PET</b>	<b>186</b>
The PET Camera	188
The PET Detector	189
True and False Coincidence Events in PET	191
PET Correction Factors	191
<b>5.7 Images from Gamma Imaging</b>	<b>195</b>
<b>Questions and Problems</b>	<b>198</b>

<b>6 MAGNETIC RESONANCE - MRI</b>	<b>199</b>
<b>6.1 Introduction</b>	<b>199</b>
<b>6.2 Pulsed Nuclear Magnetic Resonance</b>	<b>202</b>
RF Excitation	202
Free Induction Decay	202
Spin Relaxation, T1 and T2	205
T1 Relaxation	205
T2 Relaxation	206
A Microscopic Picture of Relaxation Mechanisms	208
<b>6.3 Pulse Sequences</b>	<b>212</b>
T1 Measurement	213
Saturation Recovery	213
Inversion Recovery	214
T2 Measurement	215
Spin Echo	215
NMR Spectroscopy	216
<b>6.4 Spatially Localised NMR: MRI</b>	<b>218</b>
The Main Components of the Modern MRI Machine	219
The Main Static Field	220
Open Magnet Systems	222
Gradient Coils	223
The Radio Frequency Circuit	224
Signal to Noise Ratio	226
Slice Selection	227
Frequency and Phase Encoding within a Slice	231
Frequency Encoding	232
Phase Encoding	234
T1, T2 Weighting	238
MR Contrast Agents	240
<b>6.5 Fast Imaging Methods</b>	<b>241</b>
Turbo Spin Echo	242
Gradient Echoes	244
Echo Planar Imaging	245

Steady State Gradient Echo Methods	247
3D or Volume Image Acquisition	248
<b>6.6 Imaging Movement and Flow</b>	<b>249</b>
Time of Flight Methods	249
Phase Contrast Methods	251
<b>6.7 Image Artefacts in MRI</b>	<b>253</b>
Static Field Distortions	253
Time Varying Fields	255
Water Fat Resonance Offset	256
<b>6.7 Images from MRI</b>	<b>257</b>
<b>Questions and Problems</b>	<b>263</b>
<b>7 ULTRASOUND IMAGING</b>	<b>265</b>
<b>7.1 Introduction</b>	<b>265</b>
<b>7.2 Physical Principles of Ultrasound</b>	<b>266</b>
The Velocity of Sound	266
Ultrasound Radiation Field	270
Attenuation	271
Absorption	272
Reflection of Ultrasound and Impedance	272
An Electrical Analogy	272
Scattering	273
Reflection	274
The Ultrasound Doppler Effect	275
<b>7.3 Ultrasound Echo Imaging Systems</b>	<b>277</b>
Ultrasound Generation and Detection	277
A-Mode Measurements	279
Standard B-Mode Imaging	279
M Scan or Time Position Plot	281
B-Scan Designs	282
Scanning Mechanisms	282
The Electronic Amplification and Detection	284

The Pulse Repetition Rate	285
Spatial Resolution	286
<b>7.4 Doppler Imaging</b>	<b>286</b>
Duplex Scanners	287
Miniature Invasive Ultrasound Probes	289
<b>7.5 Images From Ultrasound</b>	<b>290</b>
<b>Questions and Problems</b>	<b>292</b>
<b>8 IMAGING IN CLINICAL PRACTICE</b>	<b>293</b>
<b>8.1 Introduction</b>	<b>293</b>
<b>8.2 Dramatis Personae</b>	<b>293</b>
The Patient and the Doctor	293
The Imaging Specialities	294
The Radiographer	295
The Medical Physicist and Radio-pharmacist	295
Imaging Facilities	295
<b>8.3 Clinical Investigations</b>	<b>296</b>
X-rays	296
X-ray CT	297
Gamma Imaging	298
PET	300
MRI	300
Ultrasound	302
Interventional Radiology	302
<b>8.4 Clinical Examples</b>	<b>303</b>
Case 1 - X-ray, Fluoroscopy, CT, $^{99m}\text{Tc}$ -MDP Bone Scan	303
Case 2 CT, Fluoroscopy, MR, DSA	305
Case 3 - MR, EEG, $^{18}\text{FDG-PET}$	306
<b>8.5 Research Progress in Neuroimaging</b>	<b>307</b>
EEG and MEG	310
PET Studies	313

fMRI and the BOLD Effect	316
<b>Questions and Problems</b>	<b>320</b>
<b>APPENDIX A</b>	<b>321</b>
<b>WAVES, IMAGES AND FOURIER ANALYSIS</b>	<b>321</b>
<b>A.1 Waves and Oscillations</b>	<b>321</b>
<b>A.2 A Mathematical Description of Waves</b>	<b>322</b>
<b>A.3 Fourier Analysis</b>	<b>325</b>
2D Fourier Analysis	329
Sampling	330
The Fast Fourier Transform	334
Cleaning Up Noisy Images or Image Processing	335
<b>APPENDIX B</b>	<b>337</b>
<b>FOURIER IMAGE RECONSTRUCTION</b>	<b>337</b>
<b>B.1 The Central Slice Theorem</b>	<b>337</b>
<b>B.2 Filtered Backprojection</b>	<b>339</b>
Practical Filters	341
<b>APPENDIX C</b>	<b>343</b>
<b>MATHEMATICS OF NUCLEAR MAGNETIC RESONANCE</b>	<b>343</b>
<b>C.1 Introduction</b>	<b>343</b>
<b>C.2 Alignment of Nuclear Moments in a Static Magnetic Field</b>	<b>344</b>
<b>C.3 Classical Picture of NMR and the Rotating Frame</b>	<b>346</b>
Excitation using RadioFrequency Waves	350
Rotating Frames of Reference in Dynamics	350
<b>BIBLIOGRAPHY</b>	<b>353</b>
<b>INDEX</b>	<b>359</b>