Contents

| Preface | • |
|--|------|
| Acknowledgements | vi |
| 1 The Development and Use of Diaries | : |
| 2 Researching Diaries | 24 |
| 3 Getting Started: Finding Diarists and Diaries | 46 |
| 4 Collecting the Data: Diaries, Guidelines and Support | - 66 |
| 5 Analysing Diarles: Numbers, Content and Structure | 84 |
| 6 Conclusion: Exploiting the Potential of Research Diaries | 112 |
| References | 123 |
| Index | 131 |