

Cont

ACKNOWLEDGEMENTS 15

A NOTE TO PARENTS
AND PROFESSIONALS 17

Chapter One – Taking Care of Me

What do I do when I need
to use the toilet? 26
Carol Gray

Where are the toilets? 26
Abbie Leigh White

How do I help others find
the toilet in my home? 27
Carol Gray and Abbie Leigh White

Where are other toilets? 27
Abbie Leigh White

Time to wash my hands 28
Abbie Leigh White

Why do I wash my hands? 28
Abbie Leigh White

When do people wash their
hands? 29
Abbie Leigh White

Contents

- How do children learn to wash
their hands? 29
Abbie Leigh White
- Time to brush my teeth 32
Carol Gray
- When do people brush
their teeth? 32
Anna Peters
- How do children learn to brush
their teeth? 33
Lauren Pearson and Jennifer Smit
- Time to take medicine 36
Carol Gray
- Why is medicine special? 36
Carol Gray
- Why do adults give
me medicine? 37
Amber Nienhuis
- When do adults give
me medicine? 37
Abbie Leigh White
- What is liquid medicine? 37
Carol Gray

What is a medicine spoon?	38
<i>Carol Gray</i>	
How do adults give me my medicine?	38
<i>Carol Gray</i>	
Time to blow my nose	40
<i>Abbie Leigh White</i>	
What does “blowing my nose” mean?	40
<i>Abbie Leigh White</i>	
What does “wiping my nose” mean?	41
<i>Abbie Leigh White</i>	
What do I use to blow or wipe my nose?	41
<i>Abbie Leigh White</i>	
How do I use a tissue?	41
<i>Abbie Leigh White</i>	
Why do children need new clothes?	44
<i>Carol Gray</i>	
Why do I have new clothes?	44
<i>Carol Gray</i>	
Where do I find new clothes?	44
<i>Carol Gray</i>	
How does it feel to wear new clothes?	45
<i>Carol Gray</i>	
When do I wear new clothes?	45
<i>Kelly Osterink and Tracy Pritchard</i>	

Choosing clothes to wear outside	46
<i>Carol Gray</i>	
What do people wear when it gets cold outside?	46
<i>Carol Gray</i>	
What do people wear when it gets warm outside?	46
<i>Carol Gray</i>	
What is a coat?	47
<i>Carol Gray</i>	
What is a mitten?	48
<i>Heather Grant</i>	
Why do people wear boots?	48
<i>Lisa Radle</i>	
Time for a nap	50
<i>Carol Gray</i>	
Why do I take naps?	50
<i>Jen Dragicevich</i>	
When is naptime?	51
<i>Darren Tanis</i>	
What do adults do when I am taking a nap?	51
<i>Carol Gray</i>	
How do children learn to take naps?	51
<i>Abbie Leigh White</i>	
Time for a haircut	54
<i>Carol Gray</i>	
When do I get my haircut?	54
<i>Carol Gray</i>	

What is a hairstylist?	54
<i>Carol Gray</i>	
Where does a hairstylist work?	54
<i>Kelly Rabe</i>	
How can I help the hairstylist?	55
<i>Kelly Rabe</i>	
What steps do I follow to get my haircut?	56
<i>Abbie Leigh White</i>	
Time to clip my fingernails	58
<i>Carol Gray</i>	
Who clips my fingernails?	58
<i>Rick Bolhuis</i>	
Is having my fingernails clipped safe?	60
<i>Erin VanderBand</i>	
Time to clip my toenails	60
<i>Carol Gray</i>	
Who clips my toenails?	60
<i>Rick Bolhuis</i>	
Is having my toenails clipped safe?	61
<i>Erin VanderBand</i>	
Time for a bath	62
<i>Krystin Bowersox</i>	
When do I take a bath?	62
<i>Kristine Harley</i>	
Why do I leave my clothes outside the bathtub?	63
<i>Kristine Harley</i>	

- How do I get into the bathtub?** 63
Carol Gray
- How do adults help me take
a bath?** 63
Carol Gray
- Time to wash my hair** 66
Abbie Leigh White
- What is shampoo?** 66
Abbie Leigh White
- When does my hair get
washed?** 67
Abbie Leigh White
- How do children learn to wash
their hair?** 67
Abbie Leigh White
- What does it mean when people
say, "Time to go to bed"?** 70
Carol Gray
- When is bedtime?** 70
Carol Gray
- Where do I sleep?** 71
Carol Gray
- When do people go to bed?** 71
Carol Gray
- What is a dream?** 71
Carol Gray
- How do I go to bed?** 72
Abbie Leigh White

Chapter Two – Home

- What are unexpected noises?** 76
Abbie Leigh White
- What is a telephone?** 76
Abbie Leigh White
- What is a doorbell?** 77
Abbie Leigh White
- How do doors make noises?** 77
Abbie Leigh White
- Why do dogs bark?** 78
Abbie Leigh White
- What happens when people drop things?** 78
Abbie Leigh White
- What is a vacuum cleaner?** 79
Abbie Leigh White
- Why do cars have horns?** 79
Abbie Leigh White
- What is thunder?** 80
Abbie Leigh White
- Who knows about time?** 82
Janna Schutt
- Who knows what time is?** 82
Carol Gray
- What is a watch?** 82
Carol Gray
- What does “hurry up” mean?** 83
Carol Gray

What does it mean to be “on time”?	84
<i>Carol Gray</i>	
What does it mean to “be late”?	84
<i>Carol Gray</i>	
Who is coming to play?	86
<i>Carol Gray</i>	
When will we play?	86
<i>Carol Gray</i>	
What can I say when my friend arrives?	86
<i>Carol Gray</i>	
What will we do today?	86
<i>Carol Gray</i>	
How do we use our Play Plan?	87
<i>Carol Gray</i>	
Do we always follow the Play Plan?	87
<i>Carol Gray</i>	
Will my friend use my toys?	88
<i>Carol Gray</i>	
Who decides which toys we will play with at my home?	89
<i>Carol Gray</i>	
What do I say when my friend leaves?	89
<i>Carol Gray</i>	
How will we make plans to play again?	90
<i>Carol Gray</i>	

What is taking turns?	92
<i>Carol Gray</i>	
When is it my turn?	92
<i>Carol Gray</i>	
Is it easy to take turns?	92
<i>Carol Gray</i>	
Which toys are mine?	93
<i>Carol Gray</i>	
How can I get my toy back?	93
<i>Carol Gray</i>	
Why do children make mistakes when they play?	94
<i>Carol Gray</i>	
How do children share a play area?	95
<i>Carol Gray</i>	
How do children share video games?	95
<i>Carol Gray</i>	
Can children share in cleaning up, too?	95
<i>Carol Gray</i>	
What is a babysitter?	96
<i>Abbie Leigh White</i>	
Why do I have a babysitter?	96
<i>Abbie Leigh White</i>	
What does my babysitter know about me?	97
<i>Abbie Leigh White</i>	
Where are Mom and Dad?	97
<i>Katheryn Dodgen</i>	

What is a new baby brother?	98
<i>Carol Gray</i>	
What is a new baby sister?	98
<i>Carol Gray</i>	
Who does Mom love?	99
<i>Heather Grant</i>	
Who does Dad love?	99
<i>Heather Grant</i>	
When will the baby talk?	99
<i>Carol Gray</i>	
Why do babies cry?	99
<i>Carol Gray</i>	
Why do babies laugh?	100
<i>Carol Gray</i>	
How can I help with the baby?	100
<i>Carol Gray</i>	
What does divorce mean?	102
<i>Carol Gray</i>	
Why do some parents live in separate homes?	102
<i>Carol Gray</i>	
What does it mean when Mom says, "We are going to Dad's home"?	102
<i>Carol Gray</i>	
What does it mean when Dad says, "We are going to Mom's home"?	103
<i>Carol Gray</i>	

Why do I have a Step-dad? 104
Carol Gray

Why do I have a Step-mom? 104
Carol Gray

Chapter Three – Going Places

Why do adults forget? 108
Carol Gray

What happens when Mom
and Dad remember? 109
Carol Gray

Why do people make lists? 109
Carol Gray

What does it mean to “run
a few errands”? 110
Carol Gray

What do people do at
a car wash? 110
Melissa Andrews

What happens at
a gas station? 111
Melissa Andrews

Why are we going to
the bank? 112
Carol Gray

Why do people visit libraries? 112
Carol Gray

Where are we going? 114
Carol Gray

When will we leave? <i>Carol Gray</i>	114
Who knows the way? <i>Bev Harkema</i>	115
When will we get there? <i>Carol Gray</i>	116
Why are we still in the car? <i>Carol Gray</i>	116
What is a grocery store? <i>Carol Gray</i>	118
What will we buy at the grocery store? <i>Carol Gray</i>	118
May I have this? <i>Anna Peters</i>	119
What is a check out line? <i>Carol Gray</i>	119
Why do we wait in check out lines? <i>Carol Gray</i>	120
Why do we always pick the slowest line? <i>Carol Gray</i>	120
Can I help? <i>Carol Gray</i>	121
What do people do at the beach? <i>Melissa Andrews</i>	122
What will I do at the video store? <i>Melissa Andrews</i>	123

What is a zoo?	123
<i>Melissa Andrews</i>	
What is a movie theatre?	124
<i>Melissa Andrews</i>	
What does it mean to “eat out”?	126
<i>Carol Gray and Larry Brown</i>	
Where will we eat?	126
<i>Larry Brown</i>	
Who decides where we will eat?	127
<i>Carol Gray</i>	
How will we get to the restaurant?	128
<i>Carol Gray</i>	
What is a booster seat?	130
<i>Carol Gray</i>	
What can I do while I wait for my food?	131
<i>Carol Gray</i>	
What is a menu?	131
<i>Carol Gray</i>	
What does it mean to “run out”?	132
<i>Carol Gray</i>	
When do I use the spoon or fork?	133
<i>Heather Oleson</i>	
How do restaurants make so much food?	134
<i>Carol Gray</i>	

Who is the cook?	134
<i>Carol Gray</i>	
What is a waiter?	134
<i>Carol Gray</i>	
What is a waitress?	135
<i>Carol Gray</i>	
Who washes the dishes?	135
<i>Carol Gray</i>	
When will my school bus come?	136
<i>Carol Gray</i>	
What do bus drivers do?	136
<i>Carol Gray</i>	
How can I help my bus driver?	137
<i>Carol Gray</i>	
What is a school?	138
<i>Carol Gray</i>	
What does a teacher know?	139
<i>Carol Gray</i>	
What will I do at school?	139
<i>Carol Gray</i>	
What is a doctor?	140
<i>Abbie Leigh White</i>	
What is a check-up?	140
<i>Abbie Leigh White</i>	
Who can help me when I am sick?	140
<i>Abbie Leigh White</i>	
Where do doctors work?	141
<i>Abbie Leigh White</i>	