

Contents

Acknowledgement	vii
List of contributors	ix
Introduction <i>Ken Green and Ken Hardman</i>	xvii
1 The Nature and Values of Physical Education <i>Mike McNamee</i>	1
2 Policy, Power and Politics in Physical Education <i>Dawn Penney and John Evans</i>	21
3 Physical Education in Schools in European Context: Charter Principles, Promises and Implementation Realities <i>Ken Hardman and Joe Marshall</i>	39
4 Physical Activity, Physical Fitness, Health and Young People <i>Richard Winsley and Neil Armstrong</i>	65
5 Health-related Exercise and Physical Education <i>Jo Harris</i>	78
6 Extra-curricular Physical Education in Secondary Schools in England and Wales: Reflections on the 'State of Play' <i>Ken Green</i>	98
7 Teachers, Teaching and Pedagogy in Physical Education <i>Susan Capel</i>	111
8 Model-based Teaching and Assessment in Physical Education: The Tactical Games Model <i>David Kirk</i>	128
9 Examinations: A 'New Orthodoxy' in Physical Education? <i>Ken Green</i>	143
10 Gender and Physical Education <i>Anne Flintoff and Sheila Scraton</i>	161
11 Social Class, Young People, Sport and Physical Education <i>Ken Green, Andy Smith and Ken Roberts</i>	180

12	'Race' and Physical Education, Sport and Dance <i>Tansin Benn</i>	197
13	Inclusion, Special Educational Needs, Disability and Physical Education <i>Andy Smith and Nigel Thomas</i>	220
	Index	239