

# Contents

<b>1. Introduction and basic notions</b> .....	<b>1</b>
<b>2. Tight polyhedral surfaces</b> .....	<b>6</b>
2A. 0-tightness .....	6
2B. Tight surfaces with small codimension .....	9
2C. Higher codimension and the Heawood inequality .....	17
2D. Tight triangulations of surfaces .....	21
2E. Surfaces with boundary .....	30
2F. Surfaces with singularities .....	35
<b>3. Tightness and <math>k</math>-tightness</b> .....	<b>41</b>
3A. Tightness of higher dimensional polyhedra .....	41
3B. Polyhedral critical point theory .....	45
3C. Tight subcomplexes of the cube .....	50
<b>4. <math>(k - 1)</math>-connected <math>2k</math>-manifolds</b> .....	<b>56</b>
4A. Generalized Heawood inequalities .....	56
4B. Triangulated 4-manifolds .....	67
4C. Tight triangulations of manifolds like projective planes .....	74
<b>5. 3-manifolds and twisted sphere bundles</b> .....	<b>78</b>
5A. Tight triangulations of 3-manifolds .....	79
5B. Tight sphere products and twisted sphere bundles .....	83
<b>6. Connected sums and manifolds with boundary</b> .....	<b>85</b>
6A. Manifolds with one hole and connected sums .....	85
6B. Manifolds with boundary .....	87
6C. Connected sums by iterated truncation .....	92
<b>7. Miscellaneous cases and pseudomanifolds</b> .....	<b>95</b>
7A. Special cases in dimensions 4 and 5 .....	95
7B. Triangulated pseudomanifolds .....	97
7C. Generalized Heawood inequalities for pseudomanifolds .....	100
References .....	110
Index .....	120