

Contents

List of Tables	xi
Preface	xiii
1 Helping Without Hurting: Personal Responsibility, Constant Questioning, and Basic Assumptions	1
2 Ethics and Critical Thinking	16
3 Trust, Power, and Caring	37
4 Competence and the Human Therapist	45
5 Creating Strategies for Self-Care	57
6 Creating a Professional Will	67
7 Codes and Complaints in Context: Historical, Empirical, and Actuarial Foundations	75
8 Responding to Ethics, Licensing, or Malpractice Complaints	102
9 Steps in Ethical Decision Making	110
10 Beginnings and Endings, Absences and Accessibility	117
11 Informed Consent and Informed Refusal	135
12 Assessment, Testing, and Diagnosis	154
13 Sexual Relationships with Clients	173
14 Nonsexual Multiple Relationships and Other Boundary Issues	201
15 Culture, Context, and Individual Differences	225
16 Confidentiality	241

17	Responding to Suicidal Risk	258
18	The Supervisory Relationship	280

Appendixes

A	American Psychological Association Ethical Principles of Psychologists and Code of Conduct	295
B	Canadian Psychological Association Code of Ethics for Psychologists	327
C	American Psychological Association Committee on Legal Issues: Strategies for Private Practitioners Coping with Subpoenas or Compelled Testimony for Client Records or Test Data	369
D	American Psychological Association Statement on Services by Telephone, Teleconferencing, and Internet	387
E	Patients' Mental Health Rights	389
F	Ethical Guidelines for Professional Care in a Managed Care Environment	395
G	Ethics Codes, Professional Standards, and Practice Guidelines for Assessment, Therapy, Counseling, and Forensic Practice	401
	References	407
	About the Authors	437
	Name Index	443
	Subject Index	451

List of Tables

4.1	Intense Emotion and Other Reactions in Therapy	51
4.2	Percentages of Male and Female Therapists Reporting Having Been Abused	52
4.3	Therapists' Experiences as Therapy Patients	54
7.1	Primary and Multiple Categories of Cases Opened by the American Psychological Association Ethics Committee: 2000–2004	85
7.2	Ethical Problems Reported by a National Sample of APA Members	89
7.3	Reported Disciplinary Actions for Psychologists in the United States, August 1983–November 2005	95
7.4	Reported Disciplinary Actions for Psychologists in Canada, August 1983–May 2006	96
7.5	Number of Psychology Licensing Actions, Number of Licensed Psychologists, and Year of Original Licensure Law for Each Canadian Jurisdiction	97
13.1	Characteristics of 958 Patients Who Had Been Sexually Involved with a Therapist	179
13.2	Reasons Therapists Offer for Refraining from Sexual Involvement with Clients	181
13.3	Characteristics of Clients to Whom Psychotherapists Are Attracted	183
13.4	Common Therapists' Reactions to Victims of Therapist-Patient Sexual Involvement	191