Contents

	Acknowledgments	ix
	Contributors	xi
1	Introduction	1
	PART I. Northeastern Africa	
2	The Coming of Nubian Speakers to the Nile Valley	
	WILLIAM Y. ADAMS	11
3	Linguistic Aspects of Greater Nubian History	
	ROBIN THELWALL	39
	PART II. Equatorial Africa	
4	Linguistic Inferences about Early Bantu History	
	CHRISTOPHER EHRET	57
5	Linguistic Evidence for the Eastward Spread of Ubangian Peoples	
	DOUGLAS E. SAXON	66
6	Prehistory and Historical Linguistics in Central Africa: Points of Contact	
	NICHOLAS DAVID	78
	PART III: Eastern and Southern Africa	
7	Archaeology and Linguistic Reconstructions of History in East Africa	
	STANLEY H. AMBROSE	104

8	The First Spread of Food Production to Southern Africa	
	CHRISTOPHER EHRET	158
9	Models of the Spread of the Early Iron Age	
	D. P. COLLETT	182
10	Bantu Expansion into East Africa: Linguistic Evidence	
	DEREK NURSE	199
11	Bantu Expansion into Eastern Africa: Archaeological Evidence	
	ROBERT SOPER	223
	PART IV: West Africa	
12	The Peopling of Southern Ghana: A Linguistic Viewpoint	
	M. E. KROPP DAKUBU	245
13	Archaeological and Linguistic Reconstruction in Ghana	
	MERRICK POSNANSKY	256
	References	267
	Index	297
	MAPS	
1.	Place-names and geographical subdivisions of the middle	
	Nile Valley	14
2.	Hypothesized distribution of language groups in the second century B.C. in northern Sudan	29
3.	Hypothesized distribution of language groups in the second century A.D. in northern Sudan	30
4.	Hypothesized distribution of language groups in the fourth	
ĸ.	century A.D. after the breakup of the Meroitic empire	33
Э.	Hypothesized sequence of Nubian migrations in the Nile Valley	34
6		36

7.	Distribution of Nile Nubian languages in the twentieth	
	century	37
8.	Distribution of selected East Sudanic languages	45
9.	Language distribution in the southern Kordofan region	46
10.	Equatorial Africa, 3000-500 B.C.: Proposed linguistic	
	expansions and key archaeological sites	65
11.	Modern East African language groups	118
12.	The distribution of Later Stone Age and Iron Age sites in	
	East Africa	131
13.	Proposed directions of Khoikhoi and Kwadi expansions	169
14.	The Bantu languages of East Africa	208
15.	The spread of the "eastern stream" of the Early Iron Age	230
16.	Languages and dialects of Ghana	246
17.	Archaeological sites in Ghana	258

vii

CONTENTS