

Contents

CHAPTER

1 Plants in Medicine, 1

SECTION 1 "INJURIOUS" PLANTS

2 Internal Poisons, 11

3 Allergy, 64

4 Cell Modifiers: Mutagens,
Teratogens, and Lectins, 90

SECTION 2 "REMEDIAL" PLANTS

5 Cancer, 105

6 Nervous System, 150

7 Heart and Circulation, 172

8 Metabolism, 199

9 Special Sensory Organs: Eye
and Ear, 221

10 Oral Hygiene, 226

11 Gastrointestinal Tract, 271

12 Respiratory System, 296

13 Urogenital System, 309

14 Skin, 336

15 Deterrents: Antibiotics,
Antiseptics, and Pesticides, 355

16 Panaceas, 372

SECTION 3 "PSYCHOACTIVE" PLANTS

17 Stimulants, 379

18 Hallucinogens, 397

19 Depressants, 432

Appendix I
Outline Classification
of the Plant Kingdom, 449

Appendix II

Bibliography of
Herbal Medicine, 456

Glossary, 466

Index, 483