Contents

List	t of Contributors	vii	
	roduction: Understanding Learning from Experience vid Boud, Ruth Cohen and David Walker	1	
Part 1 Introduction		19	
1	Through the Lens of Learning: How the Visceral Experience		
	of Learning Reframes Teaching	21	
	Stephen Brookfield		
2	Putting the Heart Back into Learning	33	
	Denis Postle		
3	Activating Internal Processes in Experiential Learning	46	
	John Mulligan		
4	On Becoming a Maker of Teachers: Journey Down a Long		
	Hall of Mirrors	59	
	Lee Andresen		
Par	Part 2 Introduction		
5	Barriers to Reflection on Experience	73	
	David Boud and David Walker		
6	Unlearning Through Experience	87	
	Angela Brew		
7	Experiential Learning at a Distance	99	
	Mary Thorpe		
8	Learning from Experience in Mathematics	113	
	John Mason		
Par	Part 3 Introduction		
9	How the T-Group Changed My Life: A Sociological		
	Perspective on Experiential Group Work	129	
	Nod Miller		

vi Contents

10	Living the Learning. International Out World of Group	
	Learning	143
	Elizabeth Kasl, Kathleen Dechant and Victoria Marsick	
11	Experiential Learning and Social Transformation for a	
	Post-apartheid Learning Future	157
	Costas Criticos	
12	Experiential Learning or Learning from Experience:	
	Does it Make a Difference?	169
	Robin Usher	
		101
Index		181
The Society for Research into Higher Education		188