

CONTENTS

Introduction	1
1 The Process of Valuing: A Point of View	7
2 Values: Saying Who You Are	21
Values Clarification Methods: A Preface	35
3 Values Clarification Methods: Written Activities	37
4 Values Clarification Methods: The Clarifying Response	57
5 Values Clarification Methods: Discussion Activities	73
6 Taking a New Road: Getting Started—Keeping Going	93
References and Suggested Readings	107