	•
1 Introduction	1
The rationale	1
The locations	2
What to expect	7
2 Things a Teacher Ought to Know	9
Training	9
Maps	9
Rights of way	10
The country code	12
Walking	12
Navigation	13
Weather	16
Emergency procedures and first aid	17
The law	24
3 Planning: The Early Stages	25
Timing and seasonal factors	25
Size and composition of group	27
Parents	28
Finance and transport	31
4 Planning: The Later Stages	39
Getting around	39
Accommodation	43
Making a preliminary visit	46
Preparatory work in the classroom	49
Packing – What to take	49
5 Management on the Trip	55
The journey	55
Accommodation – settling in	57
Accommodation – establishing a	
routine	58
Group organisation on the ground	59

Preface

6 Activities on the Trip	62
Measuring and surveying	62
Counting and questioning	68
Observing and collecting	69
Image making	73
Language	74
Drama and music	77
The importance of doing nothing at all	<b>7</b> 9
7 Following up	80
Rewriting rough notes and sketches	80
Processing data	81
Image and model making	83
Music and drama	86
Presentation and publication	86
Appendix A: Case Studies	88
A day trip to Oxford	88
A week in Whitby	90
Appendix B: Example of Local	
Authority Guidelines on	
School Outings	94
Useful Addresses	100
Useful Reading	101
Index	103