

Contents

Contributors	xi
Foreword	xiii
Preface	xv
Introduction	3
<i>Suzanne C. Lechner, Crystal L. Park, Annette L. Stanton, and Michael H. Antoni</i>	
Part I. Conceptual and Methodological Issues	9
1. Overview of Theoretical Perspectives	11
<i>Crystal L. Park</i>	
2. Assessing Positive Life Change: In Search of Meticulous Methods	31
<i>Howard Tennen and Glenn Affleck</i>	
3. Challenges in Studying Positive Change After Adversity: Illustrations From Research on Breast Cancer	51
<i>Charles S. Carver, Suzanne C. Lechner, and Michael H. Antoni</i>	
Part II. Developmental Issues	63
4. Benefit Finding Among Children and Adolescents With Diabetes	65
<i>Vicki S. Helgeson, Lindsey Lopez, and Constance Mennella</i>	
5. Life Span Developmental Perspectives on Stress-Related Growth	87
<i>Carolyn M. Aldwin, Michael R. Levenson, and Linda Kelly</i>	
Part III. Factors That Influence Positive Life Change	105
6. Lessons Learned About Benefit Finding Among Individuals With Cancer or HIV/AIDS	107
<i>Suzanne C. Lechner and Kathryn E. Weaver</i>	
7. Illness Perceptions and Benefit Finding Among Individuals With Breast Cancer, Acoustic Neuroma, or Heart Disease	125
<i>Keith J. Petrie and Arden Corter</i>	

- 8. Positive Life Change and the Social Context of Illness:
An Expanded Social-Cognitive Processing Model 139
Stephen J. Lepore and William D. Kernan

Part IV. Effects of Positive Life Change 153

- 9. Biological Correlates: How Psychological Components
of Benefit Finding May Lead to Physiological Benefits 155
Julienne E. Bower, Elissa Epel, and Judith Tedlie Moskowitz
- 10. Is Benefit Finding Good for Individuals
With Chronic Disease? 173
Sara B. Algoe and Annette L. Stanton

Part V. Clinical Applications 195

- 11. Enhancing Positive Adaptation: Example Intervention
During Treatment for Breast Cancer 197
Michael H. Antoni, Charles S. Carver, and Suzanne C. Lechner
- 12. The Clinician as Expert Companion 215
Richard G. Tedeschi and Lawrence G. Calhoun

- Afterword 237
- Author Index 241
- Subject Index 251
- About the Editors 261