CONTENTS

Contributors........................................................................................................ix
Preface.................................................................................................................. xi

I. Introduction......................................................................................................... 1

Body Image, Eating Disorders, and Obesity in Children
and Adolescents: Introduction to the Second Edition ....... 3
Linda Smolak and J. Kevin Thompson

II. Foundations .................................................................................................... 15

Chapter 1. Early Parental Influence and Risk for the Emergence
of Disordered Eating.........................................................................................17
Jennifer O. Fisher, Meghan M. Sinton, and Leann L. Birch

Chapter 2. Defining Eating Disorders in Children................................. 35
Beth Watkins and Bryan Lask

Chapter 3. Body Image in Girls................................................................. 47
Eleanor H. Wertheim, Susan J. Paxton, and Simone Blaney

Chapter 4. Body Image in Preadolescent Boys................................. 77
Lina A. Ricciardelli, Marita P. McCabe, Alexander
J. Mussap, and Kate E. Holt
Chapter 5. Overweight, Eating Behaviors, and Body Image in Ethnically Diverse Youth ........................................... 97
Debra L. Franko and Jessica B. Edwards George

Chapter 6. Cross-Cultural Issues in Body Image Among Children and Adolescents .................................................. 113
Eileen Anderson-Fye

Chapter 7. Risk Factors in the Development of Body Image, Eating Problems, and Obesity ........................................... 135
Linda Smolak

Chapter 8. Proximal Causes and Behaviors Associated With Pediatric Obesity .......................................................... 157
Eve Kutchman, Sarah Lawhun, Jenn Laheta, and Leslie J. Heinberg

III. Assessment, Prevention, and Treatment ................................................. 175

Chapter 9. Assessment of Body Image in Children and Adolescents ................................................................. 177
Tovah Yanover and J. Kevin Thompson

Chapter 10. Assessment of Eating Disturbances in Children and Adolescents ......................................................... 193
Drew A. Anderson, Jason M. Lavender, Suzanne M. Milnes, and Angela M. Simmons

Michael P. Levine and Linda Smolak

Chapter 12. Obesity Prevention: Strategies to Improve Effectiveness and Reduce Harm .............................................. 241
Katherine W. Bauer, Jess Haines, and Dianne Neumark-Sztainer

Chapter 13. Treatment of Eating Disorders in Childhood and Adolescence .......................................................... 261
Steffanie Sperry, Megan Roehrig, and J. Kevin Thompson

Chapter 14. Behavioral Treatment of Childhood and Adolescent Obesity ............................................................... 281
Myles S. Faith, Julia Kerns, and Lisa Diewald

Chapter 15. Plastic Surgery for Children and Adolescents .......................................................... 303
David B. Sarwer, Alison L. Infield, and Canice E. Crerand