

# Contents

*Foreword* xi  
*Foreword* xiii  
*Preface* xvii  
*Acknowledgments* xxi

**1 Regions and land mosaics 1**  
A framework 1  
Terms and concepts to reveal urban regions 6  
Regions 11  
Land-mosaic perspective and landscape ecology 16  
Spatial scales and their attributes 18

**2 Planning land 27**  
Planning and land management 27  
Conservation planning 33  
Planned cities 40  
Urban-region planning 45

**3 Economic dimensions and socio-cultural patterns 51**  
Growth, regulatory, and ecological economics 51  
Economics in time, space, and footprints 59  
Social patterns 66  
Culture 73

**4 Natural systems and greenspaces 80**  
Ecosystem, community, and population ecology 82  
Freshwater and marine coast ecology 93

- Earth and soil 99
- Microclimate and air pollutants 102
- Greenspaces 105
  
- 5 Thirty-eight urban regions 113**
  - Selecting cities, determining boundaries, mapping regions 113
  - Key spatial attributes 119
  - Thirty-eight urban regions mapped 125
  - Place-name synopses of the regions 125
  - Broad patterns of the urban-region set 134
  
- 6 Nature, food, and water 138**
  - Spatial analysis for patterns 138
  - Nature in urban regions 142
  - Food in urban regions 150
  - Water in urban regions 155
  
- 7 Built systems, built areas, and whole regions 164**
  - Natural systems within and next to built areas 165
  - Built systems 168
  - Built areas 177
  - Whole regions 189
  
- 8 Urbanization models and the regions 198**
  - Land-change patterns and models 199
  - Four urbanization models 206
  - Models applied to case studies 211
  - Urbanization options evaluated with 18 attributes and 38 regions 215
  
- 9 Basic principles for molding land mosaics 223**
  - Patch sizes, edges, and habitats 224
  - Natural processes, corridors, and networks 229
  - Transportation modes 232
  - Communities and development 234
  - Land mosaics and landscape change 239
  
- 10 The Barcelona Region's land mosaic 243**
  - Perspective and approach 244
  - Nature, food, and water 248
  - Built areas and systems 260
  - Three plan options for the region 268
  - Reflections two years later 274

**11 Gathering the pieces 282**

- Settings and forms of urban regions 282
- Ability to extrapolate the Barcelona solutions 290
- Local communities, ecology, and planning 295
- Good, bad, and interesting patterns in urban regions 304

**12 Big pictures 315**

- Garden-to-gaia, urban sustainability, disasters 315
- Climate change, species extinction, water scarcity 325
- Big-ideas–regulation–treaties–policy–governance, megacities,  
sense of place 334
- Awakening to the urban tsunami 343

*Appendices* 346

*References* 352

*Index* 380

Color plate section can be found between pages 122 and 123