

# Contents

|  | <b>Page</b> |
|--|-------------|
| <i>Introduction</i> ....   | 5           |
| <b>PART I: BASIC CONSIDERATIONS</b>  |             |
| Chapter 1. Selecting course tutors ....  | 11          |
| Chapter 2. Some ethical considerations when running<br>behavioural training courses ....                                 | 13          |
| Chapter 3. Selecting students for group courses ....   | 15          |
| <b>PART II: A COURSE MODEL</b>   |             |
| Chapter 4. Presentation of the material ....   | 21          |
| Session 1 ....   | 23          |
| Session 2 ....   | 31          |
| Session 3 ....   | 39          |
| Session 4 ....   | 47          |
| Session 5 ....   | 53          |
| Session 6 ....   | 61          |
| <b>PART III: ADDITIONAL MATERIAL FOR SELECTED GROUPS</b>   |             |
| Chapter 5. Additional discussion material for staff working<br>primarily with groups of handicapped people ....          | 67          |
| Chapter 6. Evaluation and maintenance ....   | 69          |
| <b>PART IV: APPENDICES</b>   |             |
| Appendix 1. Sample questionnaire ....  | 75          |
| Appendix 2. Examples of before and after course scores on<br>the questionnaire for different groups (1978-<br>1979) .... | 79          |
| Appendix 3. Alternative assessment material ....   | 81          |
| <b>REFERENCES AND FURTHER READING</b> ....   | 85          |