



A TABLE OF THE CHAPTERS of these three Books of Wisdome.

The Preface containing a Discourse of the name, subject, purpose and method of this worke, with an aduertifement vnto the Reader.

The First Booke, of the knowledge of our selues and humane condition.

An exhortation to the studie and knowledge of our selues.

The Preface of the First Booke.

The first Consideration of man, which is naturall, by all the parts whereof he is composed.

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