

# Contents

<i>Acknowledgements</i>	ix
<b>Doone Macdonald</b> FOREWORD	xi
<b>Richard Bailey and David Kirk</b> INTRODUCTION	1
<b>PART 1</b> <b>Nature and values of physical education</b>	7
1 <b>Mike McNamee</b> THE NATURE AND VALUES OF PHYSICAL EDUCATION	9
2 <b>Richard Bailey</b> PHYSICAL EDUCATION AND SPORT IN SCHOOLS: A REVIEW OF BENEFITS AND OUTCOMES	29
3 <b>Linda L. Bain</b> THE HIDDEN CURRICULUM RE-EXAMINED	39

**PART 2**

**Physical education and sport** 49

- 4 Daryl Siedentop  
JUNIOR SPORT AND THE EVOLUTION OF SPORT CULTURES 51

- 5 Barrie Houlihan  
SPORTING EXCELLENCE, SCHOOLS AND SPORTS DEVELOPMENT:  
THE POLITICS OF CROWDED POLICY SPACES 61

**PART 3**

**Physical education and health** 81

- 6 Jo Harris  
HEALTH-RELATED EXERCISE AND PHYSICAL EDUCATION 83

- 7 Jan Wright, Doune Macdonald and Lyndal Groom  
PHYSICAL ACTIVITY AND YOUNG PEOPLE: BEYOND  
PARTICIPATION 103

**PART 4**

**Learners and learning** 121

- 8 David Kirk and Doune Macdonald  
SITUATED LEARNING IN PHYSICAL EDUCATION 123

- 9 Amelia M. Lee  
CONTRIBUTIONS OF RESEARCH ON STUDENT THINKING IN  
PHYSICAL EDUCATION 135

- 10 Judith E. Rink  
INVESTIGATING THE ASSUMPTIONS OF PEDAGOGY 151

- 11 John Evans  
MAKING A DIFFERENCE? EDUCATION AND 'ABILITY' IN  
PHYSICAL EDUCATION 169

**PART 5**

**Teachers and teaching** 181

- 12 Ken Green  
EXPLORING THE EVERYDAY 'PHILOSOPHIES' OF PHYSICAL EDUCATION  
TEACHERS FROM A SOCIOLOGICAL PERSPECTIVE 183

<b>13</b>	<b>David Kirk</b> A CRITICAL PEDAGOGY FOR TEACHER EDUCATION: TOWARD AN INQUIRY-ORIENTED APPROACH	207
<b>14</b>	<b>Kathleen M. Armour and Rebecca Duncombe</b> TEACHERS' CONTINUING PROFESSIONAL DEVELOPMENT IN PRIMARY PHYSICAL EDUCATION: LESSONS FROM PRESENT AND PAST TO INFORM THE FUTURE	225
<b>15</b>	<b>Daryl Siedentop</b> CONTENT KNOWLEDGE FOR PHYSICAL EDUCATION	243
<b>PART 6</b>		
	<b>Curriculum and content</b>	253
<b>16</b>	<b>Michael Gard</b> BEING SOMEONE ELSE: USING DANCE IN ANTI-OPPRESSIVE TEACHING	255
<b>17</b>	<b>David Kirk and Ann MacPhail</b> TEACHING GAMES FOR UNDERSTANDING AND SITUATED LEARNING: RETHINKING THE BUNKER-THORPE MODEL	269
<b>18</b>	<b>Ben Dyson, Linda L. Griffin and Peter Hastie</b> SPORT EDUCATION, TACTICAL GAMES, AND COOPERATIVE LEARNING: THEORETICAL AND PEDAGOGICAL CONSIDERATIONS	285
<b>PART 7</b>		
	<b>The social construction of bodies</b>	301
<b>19</b>	<b>Hayley Fitzgerald</b> STILL FEELING LIKE A SPARE PIECE OF LUGGAGE?: EMBODIED EXPERIENCES OF (DIS)ABILITY IN PHYSICAL EDUCATION AND SCHOOL SPORT	303
<b>20</b>	<b>Kimberly L. Oliver and Rosary Lalik</b> THE BODY AS CURRICULUM: LEARNING WITH ADOLESCENT GIRLS	323
<b>21</b>	<b>Michael Gard and Jan Wright</b> MANAGING UNCERTAINTY: OBESITY DISCOURSES AND PHYSICAL EDUCATION IN A RISK SOCIETY	353

**PART 8**

**Researching physical education** 367

- 22 Doune Macdonald, David Kirk, Michael Metzler,  
Linda M. Nilges, Paul Schempp and Jan Wright  
IT'S ALL VERY WELL, IN THEORY: THEORETICAL PERSPECTIVES AND  
THEIR APPLICATIONS IN CONTEMPORARY PEDAGOGICAL RESEARCH 369

- 23 Peter Hastie and Daryl Siedentop  
AN ECOLOGICAL PERSPECTIVE ON PHYSICAL EDUCATION 393

*Index* 411