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*In which Fiammetta describes who she was, by what signs her future miseries were foreshadowed, and when, where, how, and with whom she fell in love, along with the pleasure that followed.*

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*In which Lady Fiammetta tells why her lover left her and describes his departure and the suffering it caused her.*

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*In which is demonstrated how many and what kinds of thoughts and pastimes this lady engaged in while waiting for the time when her lover had promised to return.*

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*In which this Lady tells of the thoughts she had and of the life she led when the date of Panfilo's return arrived without his coming back.*

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*In which Fiammetta shows how she heard that Panfilo had taken a wife and then tells of the anguish in which she lived while despairing of his return.*

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*In which Lady Fiammetta tells how she came to extreme desperation and wanted to kill herself when she heard that Panfilo was unmarried but was not returning because he was in love with another woman.*

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*In which Fiammetta shows how she rejoiced in vain when she was told that a certain Panfilo had returned to the place where she was, and how she eventually fell back into her earlier melancholy when she discovered that it was another Panfilo, not her own.*

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*In which Lady Fiammetta, comparing her pains to those of many ancient ladies, demonstrates that hers are greater and then finally concludes her lamentation.*

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*In which Lady Fiammetta makes an end by speaking to her book and enjoining it in what dress it must go forth, when, to whom and against whom to be on guard.*

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