

## CONTENTS

CONTENTS .....	vii
FOREWORD .....	ix
PART ONE--INTRODUCTION .....	1
I. THE GROUNDPLAN OF PSYCHOSOCIAL DEVELOPMENT ...	3
A. Reasons for Writing this Book .....	3
B. E. H. E.: Man and Psychoanalyst .....	4
C. Freudian Theory .....	5
D. Erikson's Contribution .....	8
E. Further Aspects .....	12
F. Psychosocial Stages .....	15
Readings .....	20
PART TWO--THE LIFE CYCLE .....	23
II. CHILDHOOD (STAGES ONE THROUGH FOUR) .....	25
A. Stage One: Trust vs. Mistrust .....	25
B. Stage Two: Autonomy vs. Shame and Doubt .	27
C. Stage Three: Initiative vs. Guilt .....	30
D. Stage Four: Industry vs. Inferiority ....	33
Readings .....	37
III. YOUTH (STAGE FIVE): IDENTITY VS. IDENTITY CONFUSION .....	39
A. The Crisis of Identity .....	39
B. Older Outsiders .....	41
C. Other Characteristics .....	42
D. Earlier Stages in New Forms .....	43

E. Later Stages Anticipated .....	46
Readings .....	48
IV. ADULTHOOD (STAGES SIX AND SEVEN) .....	49
A. Intimacy vs. Isolation .....	49
B. Generativity vs. Stagnation .....	54
Readings .....	61
V. OLD AGE (STAGE EIGHT):	
INTEGRITY VS. DESPAIR .....	63
A. Integrity .....	63
B. Despair .....	64
C. Emerging Strength .....	64
D. Shaw and Gandhi .....	65
E. Other Forms in Other Stages .....	66
F. The Final INTEGRITY .....	66
Readings .....	67
VI. YOUTH (STAGE FIVE), <u>CONTINUED</u> .....	69
A. Anticipating Intimacy/Isolation .....	69
B. Anticipating Generativity/Stagnation .....	70
C. Anticipating Integrity/Despair .....	72
D. Societal Factors of Identity .....	74
E. Later Forms of the Crisis of Identity .....	75
F. Earlier Forms of the Crisis of Identity ..	77
G. Once Again, the Crisis .....	77
Readings .....	80
PART THREE--SPECIAL ISSUES .....	81
VII. PLAY, TOYS, AND WORK .....	83

A.	The Play of Children .....	83
B.	The Play of Youth .....	84
C.	Mature Playfulness .....	85
D.	Play and Old Age .....	86
E.	Play and Ritualism .....	87
	Readings .....	90
VIII.	MALE AND FEMALE .....	91
A.	Studies at Berkley .....	91
B.	Feminist Suspicion and American Attitudes	92
C.	Man's Limitations and Women .....	93
D.	Emotional Ecology: Deals .....	93
E.	Historical Perspectives .....	94
F.	Exhaustion and Reform .....	95
G.	Masochism: Male and Female .....	95
H.	Contemporary Technology and the Sexes ...	96
I.	Conclusions .....	98
	Readings .....	99
IX.	THE AMERICAN IDENTITY .....	101
A.	Placing Our Remarks .....	101
B.	Thomas Jefferson and the Founding Fathers	102
C.	The Inheritors of Jefferson's Dream .....	104
	Readings .....	107
X.	ETHICS, MUTUALITY AND PEACE .....	109
A.	Ego, Development, and Ethics .....	109
B.	Special Issues .....	111

C. Mutuality: the Golden Rule and Development .....	114
D. Transference and Ethics .....	115
E. Peace .....	118
Readings .....	120
APPENDICES .....	123
A. List of Books and Films .....	125
B. Books and Articles by Erik Erikson .....	137
C. Erikson's Chart of the Life Cycle .....	139
INDEX .....	141