

CONTENTS



Preface	ix
Introduction: <i>Plan and Purpose</i>	1

PART ONE

GROWTH AND CULTURE

1. The Family in a Democratic Culture	9
§1. The Household as a Cultural Work Shop	§2. The Functions of Infancy
2. How the Mind Grows	15
§1. The Patterning of Behavior	§2. The World of Things
3. Personality and Acculturation	28
§1. Personality as a Dynamic Structure	§2. The World of Persons
§3. The Growth of Personality	
4. Infants are Individuals	39
§1. Maturation and Acculturation	§2. The Individuality of Twins
§3. The Individuality of Growth Patterns	
5. Self-Regulation and Cultural Guidance	47
§1. Individuals and Schedules	§2. Self-Demand Schedules
§3. Self-Regulation through Cultural Control	§4. The Cultural Significance of Self-Regulation
6. The Cycle of Child Development	59
§1. Stages and Ages	§2. Progressions in Cultural Activities
§3. The Cycle of the Behavior Day	§4. The Use and Misuse of Age Norms

PART TWO

THE GROWING CHILD

7. Before the Baby is Born	73
§1. The First Baby	§2. A Second Baby
8. A Good Start	80
§1. Breast Feeding and Self-Regulation	§2. A Rooming-in Arrangement for the Baby
§3. From Hospital to Home	§4. The Evolution of the Behavior Day

9.	Four Weeks Old	92
	§1. Behavior Profile §2. Behavior Day	
10.	Sixteen Weeks Old	100
	§1. Behavior Profile §2. Behavior Day	
11.	Twenty-Eight Weeks Old	108
	§1. Behavior Profile §2. Behavior Day	
12.	Forty Weeks Old	116
	§1. Behavior Profile §2. Behavior Day	
13.	One Year Old	123
	§1. Behavior Profile §2. Behavior Day	
14.	Fifteen Months Old	131
	§1. Behavior Profile §2. Behavior Day	
15.	Eighteen Months Old	141
	§1. Behavior Profile §2. Behavior Day §3. Cultural and Creative Activities §4. Nursery Behavior §5. Nursery Techniques	
16.	Two Years Old	159
	§1. Behavior Profile §2. Behavior Day §3. Cultural and Creative Activities §4. Nursery Behavior §5. Nursery Techniques	
17.	Two-and-a-Half Years Old	177
	§1. Behavior Profile §2. Behavior Day §3. Cultural and Creative Activities §4. Nursery Behavior §5. Nursery Techniques	
18.	Three Years Old	202
	§1. Behavior Profile §2. Behavior Day §3. Cultural and Creative Activities §4. Nursery Behavior §5. Nursery Techniques	
19.	Four Years Old	224
	§1. Behavior Profile §2. Behavior Day §3. Cultural and Creative Activities §4. Nursery Behavior §5. Nursery Techniques	
20.	Five and the Years After Five	246
	§1. Five Year Oldness §2. Childhood and Adolescence	
21.	The Nursery School as a Guidance Center	258
	§1. Cultural Origins of the Nursery School §2. Should My Child Go to Nursery School? §3. Individualized Attendance §4. Initial Adjustment of Child to Nursery School §5. Characteristics of a Skilled Guidance-Teacher §6. Guidance Adaptations to Indi- vidual and Group Differences §7. The Guidance Functions of a Nursery Unit	

THE GUIDANCE OF GROWTH

22. A Developmental Philosophy	287
§1. Absolute versus Relative Concepts	
§2. The Dynamics of the Growth Complex	
§3. Behavior Deviations	
23. The Growth Complex	298
§1. Sleep	
§2. Feeding	
§3. Bowel Control	
§4. Bladder Control	
§5. Personal and Sex Interests	
§6. Self-Activity, Sociality, Self-Containment	
24. Child Development and the Culture of Tomorrow	356
§1. A Science of Child Development as a Cultural Force	
§2. Developmental Supervision and Guidance	
§3. Parental and Pre-parental Education	
Appendix	
A. Behavior Day Chart for Self-Regulation Scheduling	364
B. The Yale Guidance Nursery	366
§1. Organization	
§2. Personnel and Educational Activities	
§3. One-Way-Vision Observation	
C. Toys, Play Materials, and Equipment	372
D. Books for Preschool Children	379
§1. Story Collections	
§2. Picture and Story Books	
§3. Books of Poetry	
§4. Information Books	
§5. Song Books	
E. Musical Records for Infants and Young Children	387
F. Suggestive Readings	391
Index	395