

Acknowledgements	6
Editor's Introduction	7
1 Changes in man's conception of himself	9
2 Give us the tools and we will finish the job	36
3 Health and illness	58
4 Mad, sad or just plain bad?	73
5 Change and the dynamic model	90
6 Change and behaviour	106
7 Man-at-odds-with-himself	122
References and Name Index	137
Subject Index	143