

■ CONTENTS

PREFACE	xvii
ACKNOWLEDGMENTS	xxi

■ PART I PRELIMINARIES

CHAPTER 1 INTRODUCTION

Physiological and Psychological Explanation	4
The Degrees-of-Freedom Problem	5
Efficiency	7
Synergies	8
Relying on Mechanics	10
Path Planning, Inverse Kinematics, and Inverse Dynamics	12
The Serial-Order Problem	12
Speech Errors	13
Coarticulation	14
The Perceptual-Motor Integration Problem	15
Feedback and Feedforward	15
Spatial Coordinates	18
Movement Enhances Perception	21
Suppression Effects	23
The Skill-Acquisition Problem	25
Modification of the Vestibulo-Ocular Reflex	26
Organization of the Book	28
Summary	30
References	32

CHAPTER 2 PHYSIOLOGICAL FOUNDATIONS

Introduction	35
Muscle	38
The Length-Tension Relation	38
Motor Units and Recruitment	39

Proprioception	43
Muscle Spindles	43
Golgi Tendon Organs	44
Joint Receptors	46
Cutaneous Receptors	46
Spinal Reflexes	47
Servo Theory	47
α - γ Coactivation	48
Recurrent Inhibition	49
Reciprocal Inhibition	50
Cerebellum	52
Regulation of Muscle Tone	52
Coordination	53
Timing	54
Learning	56
Basal Ganglia	56
Huntington's Disease	56
Parkinson's Disease	57
Theories of Basal Ganglia Function	58
Motor Cortex	58
Force and Direction Control	61
Long-Loop Reflexes	64
Premotor Cortex	65
Supplementary Motor Cortex	66
Parietal Cortex	68
Apraxia	68
Concluding Remarks	69
Summary	72
References	74

CHAPTER 3

PSYCHOLOGICAL FOUNDATIONS

Introduction	79
Theories of Serial Order	79
Response Chaining	80
Element-to-Position Associations	83
Interelement Inhibition	83
Hierarchies	85
Skill Acquisition	86
Closed-Loop Theory	87
Generalized Programs	89
Hierarchical Learning	92
Mental Practice	95
Fitts' Stage Theory	97
Physical Changes	98

Storage, Access, and Codes	100
Codes	101
Procedural and Declarative Knowledge	102
Long-Term Memory	103
Short-Term or Working Memory	103
Parameter Remapping	106
Motor Programs	108
The Motor Output Buffer	110
Summary	112
References	114

■ PART II THE ACTIVITY SYSTEMS

CHAPTER 4 WALKING

Introduction	121
Descriptions of Walking	122
Gait Patterns at Different Speeds	122
Regularities in Gait Patterns	126
Neural Control of Locomotion	128
Neural Circuits for Locomotion	130
The Role of Sensory Feedback	132
Descending Effects	134
Walking Machines	137
The Development of Walking	139
Neonatal Reflexes	140
Disappearance and Reappearance of Stepping	142
Models of Motor Development	143
Navigating	145
Visual Kinesthesia	145
Development of Visual Guidance	148
Memory	150
Route Maps and Survey Maps	151
Memory and Feedback	153
Summary	154
References	156

CHAPTER 5 LOOKING

Introduction	159
Blinking	160
Accommodation	163
Pupil Constriction and Dilation	163

General Features of Eye Movements	164
Why Moveable Eyes?	165
Physical Dynamics	166
Miniature Eye Movements	168
Saccades	170
Saccadic Suppression	175
Saccades and Attention	176
Smooth Pursuit Movements	178
Optokinetic Nystagmus	181
The Vestibulo-Ocular Reflex	182
Vergence Movements	184
Eye Movements and Space Constancy	185
Development and Plasticity of Oculomotor Control	189
Summary	190
References	192

CHAPTER 6 REACHING AND GRASPING

Introduction	197
Overview of the Chapter	198
The Development of Reaching and Grasping	198
Direction	199
Distance	199
Orientation	200
Size	201
Visual Guidance	201
The Relation between Vision and Touch	203
Visual Feedback Time	204
Aiming	205
The Iterative Corrections Model	208
The Impulse Variability Model	209
The Optimized Initial Impulse Model	210
The Mass-Spring Model	213
Intersegmental Coordination	216
Transport and Grasp Phases	217
Hand-Space versus Joint-Space Planning	218
Moving Two Hands at Once	221
Summary	223
References	225

CHAPTER 7 DRAWING AND WRITING

Introduction	229
Drawing	230
The Planning of Strokes	230
The Isogony Principle	234
Slowing on Tight Curves	235
Drawing Smoothly	236

Writing	239
Error Analyses	239
Agraphia	240
Reaction-Time Evidence for Grapheme Selection	240
Reaction-Time Evidence for Allograph Selection	242
Writing Size, Relative Timing, and Absolute Timing	243
Context Effects	246
Writing and Handedness	247
Summary	249
References	250

CHAPTER 8 KEYBOARDING

Introduction	253
Reaction Time	254
Simple Reaction Time	254
Choice Reaction Time	255
Stimulus–Response Compatibility	257
Response–Response Compatibility	258
Sequences of Finger Presses	259
Simultaneous Keypresses	259
Sequences of Single Keypresses	261
Control of Rhythm and Timing	264
Hierarchical Timekeepers	267
The Amodality of Timing	268
Integration of Serial Order and Timing	270
Adjusting the Rate of Production for Entire Sequences	275
Typewriting	275
Historical Issues	275
Units of Typing Control	278
Timing of Keystrokes in Typewriting	280
Rumelhart and Norman's (1982) Model of Typewriting	282
Piano Playing	286
Summary	288
References	291

CHAPTER 9 SPEAKING AND SINGING

Introduction	296
The Issues	296
Overview of the Chapter	300
The Vocal Tract and Articulatory Dynamics	301
The Respiratory System	302
Laryngeal Mechanisms	303
Articulatory Mechanisms	304
The Pharynx	305
Vowels	306
Consonants	307
Variability and the Motor Theory of Speech Perception	309
The Target Hypothesis	311

Relative Positions and Acoustic Targets	313
A Mechanism for Relative Positioning	315
A Parallel Distributed Processing System for Coarticulation	317
High-Level Control of Speech	321
Word Games	321
Laboratory Studies of Speaking Speed	322
Speech Errors	324
Brain Mechanisms Underlying Speech	328
Bird Song	330
Summary	333
References	335

CHAPTER 10 SMILING

Introduction	339
Physical Control of the Face	340
Neural Control of the Face	342
Control of the Upper and Lower Face	342
Volitional and Emotional Control	343
Left-Right Differences	344
Origins of Emotional Expression	345
Innateness and Universality	345
Causal Connections between Expressions and Emotions	347
Associations between Expressions and Emotions	348
Social Interaction	351
Imitation in Newborns	351
Imitation in Married Couples	351
Summary	353
References	354

PART III PRINCIPLES AND PROSPECTS

CHAPTER 11 CONCLUSIONS

Introduction	359
Eye-Hand Coordination	359
Hitting Approaching Balls	362
Individual Differences	364
New Approaches	367
Synergetics	367
Relative Phase	368
The Scope of Synergetics	370
Critical Slowing Down	372
Evaluation	372

The Ecological Approach	374
Direct Perception	375
"Natural Physics"	377
Swinging Two Hand-Held Pendulums	378
Network Modeling	382
Bullock and Grossberg's (1988) VITE Model	382
General Principles	387
Prospects for the Future	388
Summary	391
References	392

AUTHOR INDEX 397

SUBJECT INDEX 407