

Contents

Preface	v
1. Some Characteristics of Reversal Theory	1
2. The Concept of Reversal	19
3. Telic and Paratelic States	47
4. Bistability and Arousal	80
5. Emotion: Telic and Paratelic	107
6. Reversal Synergy	136
7. Identity Synergy	154
8. Humour and Reversal Theory	177
9. Negativism and Conformity	196
10. Personality in Reversal Theory	227
11. Psychopathology and Metamotivation	246
12. Religion and Reversal Theory	276
13. The Biological Perspective	293
14. Beyond Homeostasis and Consistency	317
References	334
Appendices	
A: The Meaning of an Identity	358
B: Synergy	360
C: The Telic Dominance Scale	361
D: A Glossary of Terms Used in Reversal Theory	364
Index	370