

# CONTENTS

Contributors .....	ix
Preface .....	xii
Introduction .....	1
Chapter 1. Conceptual Issues in Assessing Whether Personality Can Change .....	3
<i>Todd F. Heatherton and Patricia A. Nichols</i>	
I. Agents of Stability .....	19
Chapter 2. Set Like Plaster? Evidence for the Stability of Adult Personality .....	21
<i>Paul T. Costa, Jr., and Robert R. McCrae</i>	
Chapter 3. Personality Evoked: The Evolutionary Psychology of Stability and Change .....	41
<i>David M. Buss</i>	
Chapter 4. .5 + or – .5: Continuity and Change in Personal Dispositions .....	59
<i>Nathan Brody</i>	
II. Theory and Measurement .....	83
Chapter 5. Personality Change: Metatheories and Alternatives .....	85
<i>Roger D. Davis and Theodore Millon</i>	
Chapter 6. Assessing Constancy and Change .....	121
<i>John R. Nesselroade and Steven M. Boker</i>	
Chapter 7. Using Growth Curve Analyses to Assess Personality Change and Stability in Adulthood ....	149
<i>A. George Alder and Steven J. Scher</i>	

Chapter 8. If Behaviors Change, Can Personality Be Far Behind? ..... <i>Carlo C. DiClemente</i>	175
III. Change and the Life Cycle ..... Chapter 9. Personality Change in Adulthood ..... <i>Ravenna Helson and Abigail Stewart</i>	199 201
Chapter 10. Does Thought Content Change As Individuals Age? A Longitudinal Study of Midlife Adults ..... <i>Carol E. Franz</i>	227
IV. Conceptions of Change ..... Chapter 11. Quantum Change: Toward a Psychology of Transformation ..... <i>William R. Miller and Janet C'deBaca</i>	251 253
Chapter 12. The Crystallization of Discontent in the Process of Major Life Change ..... <i>Roy F. Baumeister</i>	281
Chapter 13. Can Personality Change? Levels of Stability and Growth in Personality Across the Life Span ..... <i>Dan P. McAdams</i>	299
Chapter 14. Personality Stability, Personality Change, and the Question of Process ..... <i>Lawrence A. Pervin</i>	315
Conclusion ..... Chapter 15. Can Personality Change? ..... <i>Joel L. Weinberger</i>	331 333
Index ..... About the Editors .....	351 369