

## TABLE OF CONTENTS

Preface	v
RALF SCHWARZER The Self in Anxiety, Stress and Depression: An Introduction	1
<b>I: SELF-AWARENESS AND SELF-CONCEPT</b>	
IGNATIUS J. TONER Self-Imposed Delay of Gratification in Children: The Development of Self-Regulatory Behavior in Stressful Situations	17
WILLEM CLAEYS Self-Focused Attention and the Development of Self- and Other-Schemata: Implications for the Self in Depression	31
RAINER K. SILBEREISEN and SUSANNE ZANK Development of Self-Related Cognitions in Adolescents	49
MATTHIAS JERUSALEM Reference Group, Learning Environment, and Self- Evaluations: A Dynamic Multi-Level Analysis with Latent Variables	61
RUTH RUSTEMEYER Emotional Feedback on Achievement and the Perception of Own Ability	75
<b>II: ANXIETY AND SELF</b>	
WARREN H. JONES and STEPHEN R. BRIGGS The Self-Other Discrepancy in Social Shyness	93
JENS ASENDORPF Shyness, Embarrassment and Self-Presentation: A Control Theory Approach	109
HENK M. VAN DER PLOEG Worry, Intelligence and Academic Behavior in Dutch School Children	

CHRIS J.S. NEKANDA-TREPKA Perfectionism and the Threat to Self-Esteem in Clinical Anxiety	125
RAINER WIELAND Temporal Patterns of Anxiety: Towards a Process Analysis of Anxiety and Performance	133
VIRGINIA BLANKENSHIP Computer Anxiety and Self-Concept of Ability	151
WILLIAM D. CRANO and SUELLEN L. CRANO Interaction of Self-Concept and State/Trait Anxiety under Different Conditions of Social Comparison Pressure	159
RALF SCHWARZER, MATTHIAS JERUSALEM and JOACHIM FAULHABER Test Anxiety Development in West German Schools: A Structural Equation Analysis	171
III: STRESS AND SELF	
STEPHAN DUTKE, ANGELIKA-M. FRENZEL, ARNE RAEITHEL and WOLFGANG SCHÖNPFUG Undergoing Surgery: The Self-Regulative Activity of Medical Patients as a Co-Determinant of their Emotional States	181
ANNA MARIA ASPREA AND GIULIA VILLONE-BETOCCHI Emergency-Related Anxiety and Coping with Stressful Events in Old Age	199
CHRISTINE SCHWARZER Stressful Life Events and Emotions in the Elderly	209
RIVA BARTELL Sources of Stress and Ways of Coping in Teaching: Teacher Perspective	217
WOLFGANG ROYL Military Stress Situations and Self-Related Cognitions	227
HANS-HENNING QUAST and RALF SCHWARZER Social Support and Stress: Theoretical Perspectives and Selected Empirical Findings	235
SHIMON DOLAN and ANDRE ARSENAULT Job Demands Related Cognitions and Psychosomatic Ailments	265
PAUL R.J. FALGER Behavioral Factors, Stressful Life Changes and Depression in Heart Patients: Some Results from the South-Limburg Life History and Myocardial Infarction Study	283

JÜRGEN OTTO Self-Awareness and Coping Style: Differential Effects of Mild Physical Exercise	297
IV: DEPRESSION, HELPLESSNESS AND SELF	
PREM S. FRY Thematic Contents of Depressive Cognitions in the Elderly	313
WILLIAM JEYAM ALAGARATNAM The Suitability of Cognitive Therapy for Depression: Social Anxiety and Self-Related Cognitions as Key Variables	329
MARY ANN McDOUGALL and ROBERT S. BROWN The Temporal Order of Depression and Anxiety	341
DANIELE KAMMER State-Oriented and Depression in Relation to Anxiety and Self-Awareness	353
REFERENCES	367
ADDRESSES OF AUTHORS	437