

# CONTENTS

INTRODUCTION AND SUMMARY	xiii
ACKNOWLEDGMENTS	xxv

## PART I

### *The Challenge of a Dynamic World*

(1) REGULATION, THE HUMAN PREDICAMENT	5
(2) ON BALANCE AND CHANGE	18
(3) EVOLUTION AND REGULATION	33
(4) HUMAN SYSTEMS AND SELF-ORGANIZATION	50

## PART II

### *Design: The Human Way of Relating to the World*

(5) MODES AND LEVELS OF INQUIRY—REVIEWING THE SUBJECT/OBJECT RELATIONSHIP	81
(6) THE BASIC DESIGN PROCESS—MAN'S CYBERNETIC EXISTENCE	101
(7) A SENSE OF MOVEMENT AND DIRECTION— CENTERING THE DESIGN PROCESS	114

## PART III

### *Consciousness Evolving*

(8) CONSCIOUSNESS AND REALITY: A DARWINIAN PERSPECTIVE	131
(9) INTERNAL FACTORS IN THE EVOLUTION OF CONSCIOUSNESS	144
(10) CENTERING CONSCIOUSNESS	172

## PART IV

*The Appreciated World Evolving*

(11)	OF MODELS AND MYTHS	191
(12)	A SYSTEMS APPROACH TO PLANNING	206
(13)	TOWARD INTER- AND TRANSEXPERIENTIAL INQUIRY: EDUCATION FOR DESIGN	228

## PART V

*Reality Evolving*

(14)	POLICY DESIGN—ORGANIZATION AND REGULATION	249
(15)	CENTERING REALITY	271

<i>Epilogue.</i>	PLANNING AND LOVE	289
	LITERATURE REFERENCES	299
	NAME INDEX	307
	SUBJECT INDEX	313