

Contents

<i>Preface</i>	ix
<i>Acknowledgments</i>	xi

PART I: THE RISE OF THE BIOPSYCHOSOCIAL MODEL

1	The Perils of Open-mindedness: Adolf Meyer's Psychobiology	3
2	So Many Theories, So Little Time: The Rise of Eclecticism	12
3	Riding Madly in All Directions: Roy Grinker's "Struggle for Eclecticism"	27
4	A New Model of Medicine: George Engel's Biopsychosocial Model	38
5	Before and After: Precursors and Followers of the Biopsychosocial Model	51
6	Cease-fire: Ending the Psychiatric Civil War	69

PART II: THE FALL OF THE BIOPSYCHOSOCIAL MODEL

7	Drowning in Data	81
8	Teaching Eclecticism	91
9	Psychopharmacology Awry	103
10	The Vagaries of the Real World	112

PART III: WHAT NEXT?

11	The Limits of Evidence-Based Medicine	123
12	Osler's Ghost	128
13	The Two Cultures	145
14	Between Science and the Humanities	159
15	The Meaning of Meaning: <i>Verstehen</i> Explained	167

16	The Beginning of a Solution: Method-Based Psychiatry	184
17	A New Psychiatric Humanism	198
	Afterword: Pre-empting the Straw Man	211
	<i>Appendix: How Can We Teach It? A Proposal for Education of Psychiatrists</i>	217
	<i>Notes</i>	221
	<i>A Brief Glossary of Concepts</i>	233
	<i>References</i>	237
	<i>Index</i>	247