## CONTENTS

Foreword by David Elkin Preface	d	iivx xix
CHAPTER 1 ADOLESCENCE IN TH	IE LIFE SPAN	1
Altern	ife-Span Perspective native Views of Adolescence The Adolescent Psychological View • The Adolescent Developmental View	3 4
	Acteristics of a Life-Span View of Adolescent Development A Definition of the Life-Span View • The Multidisciplinary Emphasis	5
	eptual Approaches to the Study of Development World Views of Human Development • The Conflict of World Views • The Need for Multidisciplinary Research	10
	Insight into Adolescence, The Terrible Teens, by Herman Wouk	13
Dyna	mic Interactions of Development	17
CHAPTER 2 DEFINITIONS OF ADO	LESCENCE	20
The 7	Fransitions of Adolescence Adolescence as a Multiprocess Period	22

	Definitions of Change in Adolescence  Chronological (Age) Definitions of Adolescence • Physical and Physiological Perspectives • Legal Conceptions of Adolescence • Psychological Transitions in Adolescence • Sociological Perspectives • Cultural Anthropology Perspectives • Historical Transitions in Adolescent Development • "Youth" as a New Period within the Life Span • The Transitions of Adolescence: Summary	23
	Insight into Adolescence, Letters Home: Correspondence 1950-1963, edited by Aurelia S. Plath	32
	Implications of the Transitions of Adolescence  An Overview of the Adolescent's Transitional Experiences • Adult Reactions to Adolescent Development • The Outcome of Adolescent Transitions and Adult Stereotypes	36
CHAPTER 3 THE ADOLESCE	NT'S SOCIAL CONTEXT	42
	Peer Relationships  The Emergence of Peer Groups • Some Characteristics of the Adolescent Peer Subculture • Institutional Peer Groups • Athletics • When Peer Groups Fail	45
	Family Relationships  The Changing Family • The Influence of the Family •  Parents as Models • Other Family Members	49
	Insight into Adolescence, Within a Budding Grove, by Marcel Proust	51
	The Relative Influences of Parents and Peers The Generation Gap Parent-Adolescent Conflict • Some Family Problems of Adolescence • Studies of Intergenerational Relations	52 54
	Insight into Adolescence, Portnoy's Complaint, by Philip Roth	55
	Education during Adolescence  Functions of the Educational System • Adolescents' Views about the Functions of Education • Family and Peer Influences on Education • Sociocultural and Historical Influences on Education	59
	High School Dropouts	63
	Magnitude of the Problem • Why Students Leave School • Consequences of Dropping Out	
	Religion in Adolescence Importance of Religion to Adolescents • The Development of Religious Beliefs in Adolescence	65
	Religious Cults  Defection from Traditional Religion • Reasons for Joining • Reasons for Leaving • Other Religious Movements	69

,	Adolescents as Workers	71
	Insight into Adolescence, Meaning a Life, by Mary Oppen	72
	Adolescents as Consumers Military Service Adolescents and the Political System Law and Adolescents • Adolescents as Voters • Political Socialization in Adolescence	73 74 75
	Effects of the Mass Media on Adolescent Development  Effects of Manipulated Television Viewing Patterns •  Effects of Actual Television Viewing Patterns	79
CHAPTER 4 ROOTS OF CONT	TEMPORARY VIEWS OF ADOLESCENT DEVELOPMENT	85
	The Historical Role of the Nature-Nurture Issue Philosophical Roots  Plato (427–347 B.C.) • Aristotle (384–322 B.C.) • The Medieval Christian Era • René Descartes (1596–1650) • John Locke (1632–1704)	87 88
	Insight into Adolescence, Confessions, by Jean Jacques Rousseau	94
	Scientific Roots of Development Charles Darwin (1809–1882)	95
	Scientific Roots of Adolescent Development  G. Stanley Hall (1844–1924) • The Contribution of Haeckel • Hall's Recapitulationist Theory • Criticisms of the Recapitulationist Idea • The Contributions of Terman and Gesell • Behaviorism and Learning Theory • World War II • The 1950s and 1960s • The 1970s through Today	97
CHAPTER 5 CONCEPTUAL IS	SUES OF DEVELOPMENT	106
	The Nature-Nurture Issue  Nature Interactions with Nurture • Levels of the Environment •  Nurture Interactions with Nature	110
	Insight Into Adolescence, Memoires, by Francois-Timoleon de Choisy	112
	The Continuity-Discontinuity Issue  Description of Intraindividual Change • Explanation of Intraindividual Change • Descriptive and Explanatory Combinations • The Role of Theory • Quantitative versus Qualitative Changes	119
	The Stability-Instability Issue Relations of Stability-Instability to Continuity-Discontinuity • Changes Characteristic of Development	127

	The Critical Periods Hypothesis  A Critique of the Critical Periods Hypothesis • Plasticity and Optimization of Development	129
CHAPTER 6 THEORIES OF A	DOLESCENCE	133
	Adolescent Storm and Stress: Fact or Fiction?  Nature Theories of Adolescent Development  Hall's Theory Revisited • The Instinctual Theory of Konrad Lorenz	136 138
	Nuture Theories of Adolescent Development  Some Dimensions of Diversity in Nurture Theories • Social Learning Theories of Adolescent Development • The Theory of McCandless • Nurture Theories as Part of the Mechanistic Family • Nurture Theories: Strengths and Weaknesses	141
	Interaction Theories of Adolescent Development The Role of Weak Interaction Theories	145
	Insight into Adolescence, Memories, by Charles Maurice de Talleyrand	146
	Sigmund Freud's Theory of Psychosexual Stage Development  The Concept of Libido • The Oral Stage • The Anal Stage •  The Phallic Stage • The Latency Stage • The Genital Stage •  A Critique of Freud's Ideas • Structures of the Personality	147
	Anna Freud: Adolescence as a Developmental Disturbance  Alterations in the Drives • Alterations in the Ego Organization •  Alterations in Object Relations • Alterations in Ideals and Social Relations • A Critique of Anna Freud's Ideas	153
	Moderate Interactions and Piaget's Theory of Development Piaget's View of Nature-Nurture Interaction	156
	Strong Interaction Theories	157
CHAPTER 7 RESEARCH MET	HODS IN THE STUDY OF ADOLESCENT DEVELOPMENT	160
	Dimensions of Research Methods in Adolescent Development The Normative-Explanatory Dimension • The Naturalistic- Manipulative Dimension • The Atheoretical-Theoretical Dimension • The Ahistorical-Historical Dimension	163
	Designs of Developmental Research  The Longitudinal Design • The Cross-Sectional Design • The Time-Lag Design • Sequential Strategies of Design • A Sequential Study of Adolescent Personality Development	171

Some General Methodological Problems of Adol Research	180
Contamination • Researcher Effects on Subje Reconstruction through Retrospection • Fau Definition of Concepts • Sampling • Overger	Logic • Inadequate
CHAPTER 8 PHYSICAL AND PHYSIOLOGICAL CHANGES DURING ADOL	SCENCE 188
Bodily Changes in Adolescence  Neuroendocrine Mechanisms of Adolescent  Change • Prepubescence • Pubescence • Post  of Sociocultural Variation • The Role of His	bescence • The Role
Insight into Adolescence, The Diary of a Young	, by Anne Frank 191
Individual, Sociocultural, and Historical Implication Bodily Changes  Implications of Early versus Late Maturation Implications of Early versus Late Maturation	204 n Males •
Insight into Adolescence, Loose Change, by Sar	Davidson 212
Relations between Body Type and Personality and Sociocultural Influences on Body-Behavior Body-Build-Behavior Stereotypes	
CHAPTER 9 COGNITIVE DEVELOPMENT IN ADOLESCENCE	221
A Definition of Cognition	223
Quantitative Dimensions of Adolescent Cognitive Derivation of an IQ Score	evelopment 224
Developmental Components of IQ Scores  Constancy and Stability of IQ Scores across  Differentiation of Cognitive Abilities • Varional Change • Relations between Qualitative Cognition	es That Moderate
Insight into Adolescence, Autobiography, by Be	min Franklin 234
The Qualitative Assessment of Adolescent Cogn Piaget: A Biographical Overview	re Development 238
Plaget's Theory of Cognitive Development	239
insight into Adolescence, Jean Plaget: The Man	d His Ideas,
by Richard I. Evans	240

	Stages of Cognitive Development  The Sensorimotor Stage • The Preoperational Stage • The Concrete Operational Stage • The Formal Operational Stage • The Measurement of Formal Operational Thought • Issues in the Assessment of Formal Operations • Adolescent Egocentrism	242
	Is There a Fifth Stage of Cognitive Development?	251
CHAPTER 10 MORAL DEVELO	DPMENT IN ADOLESCENCE	255
	Definitions of Moral Development  Freud's Nature-Oriented Theory • Nurture-Oriented Social Learning Theories • Interactionist Cognitive Developmental Theories	257
	Kohlberg's Theory of Moral Reasoning Development Kohlberg's Method of Assessing Moral Reasoning	262
	Stages of Moral Reasoning  Level 1—Preconventional Moral Reasoning • Level 2—Conventional  Moral Reasoning • Level 3—Postconventional Moral Reasoning •  Characteristics of Moral Reasoning Stage Development	263
	Insight into Adolescence, Brother to a Dragonfly, by Will D. Campbell	265
	A Critique of Kohlberg's Theory  Methodological Appraisals of Kohlberg's Theory • Empirical Appraisals of Kohlberg's Theory	268
	Variables Relating to Moral Development Personality—Moral Reasoning Relations • Behavior—Moral Reasoning Interrelations	278
	Insight into Adolescence, The Words, by Jean-Paul Sartre	280
	Social Interactive Bases of Moral Development Adolescent-Parent Interactions • Adolescent-Peer Interactions	283
CHAPTER 11 ADOLESCENT S	SEXUALITY	287
	Sexual Socialization Sexual Socialization before Adolescence • Sexual Behaviors of Adolescence	289
	Insight into Adolescence, Autobiography, by Margot Fonteyn	294
	Sexual Revolution or Evolution?  Sexuality Today  Incidence of Sexual Activity • The Initiation of Sex • Contraceptive Use • Reasons for Inadequate Protection • Factors Influencing Sexual Involvement	296 297
	insight into Adolescence, The Catcher in the Rye, by J. D. Salinger	303

Sexual Values Sexual Standards		308
	escent Sexuality lem • Outcome of Premarital Pregnancy • Males • Venereal Disease	311
	n? • When Should Sex Education Begin? • aught? • Formal versus Informal Sex Education	319
Love and Intimacy		322
Insight into Adolesco by James Joyce	ence, Portrait of the Artist as a Young Man,	323
CHAPTER 12 PERSONALITY DEVELOPMENT IN ADD	OLESCENCE	326
<b>The Role of Erikson's T</b> Some Roots of Erik	•	330
The Adaptive Nature of Changes in Adapti	Society ive Demands across Life	331
Stage 1—The Oral- Stage • Stage 3—The Stage 5—Puberty a	ychosocial Development -Sensory Stage • Stage 2—The Anal-Musculature The Genital-Locomotor Stage • Stage 4—Latency • and Adolescence • Stage 6—Young Adulthood • ad • Stage 8—Maturity • Conclusions	334
Sequences in Ego 1	Adolescence: Research Directions Development • The Differentiation of Identity Psychological Dimensions • Identity: Social	343
Insight into Adolesc by Sören Kierkegaar	ence, The Diary of Sören Klerkegaard, rd	352
CHAPTER 13 SEX DIFFERENCES IN ADOLESCENT	PERSONALITY AND SOCIAL	
DEVELOPMENT		355
	er and Outer Space Drientation of Females • The Outer-Space les • Dimensions of Sex Differences Predicted by	358
	earning Interpretation of Sex Differences  a Differences Predicted by McCandless's Theory	364
Sex-Role Stereotypes	ex-Role Stereotypes for Socialization	368

	The Adaptive Basis of Sex Differences in Roles Cultural-Historical Change and Sex-Role Evolution • Conclusions	374
	Body Attitudes in Adolescence: Attractiveness versus Effectiveness	377
	Behavior, Self-Concept, and Self-Esteem in Adolescence Differences in Agency-Related and Communion-Related Behaviors • Agency and Communion in Self-Concept and Self-Esteem of Adolescents	380
	Vocational Role Orientation in Adolescence Sex Differences in Vocational Role Behavior • Sex Differences in Vocational Role Orientation • Some Interactive Bases of Vocational Role Developments	385
	Interactive Bases of the Development of Individuality	389
	Insight into Adolescence, Memoirs of a Dutiful Daughter, by Simone de Beauvoir	390
CHAPTER 14 INDIVIDUAL PRO	BLEMS IN ADOLESCENCE	393
	Eating Disorders and Weight Control Obesity • Anorexia Nervosa	397
	Visual Impairments	400
	Insight into Adolescence, The Story of My Life, by Helen Keller	400
	Hearing Impairments  Magnitude of Hearing Loss • Bases of Deafness • Language Development in Deaf Adolescents • Cognitive Development in Deaf Adolescents • Personality Development in Deaf Adolescents • Conclusions	401
	Speech Defects	404
	Self-Induced Health and Safety Problems  Adolescent Drug and Alcohol Use • Adolescent Tobacco Use • Accidents in Adolescence	404
	Problems of Physical Maturation Disturbances of Growth • Menstrual Dysfunction • Acne	410
	Mental Retardation in Adolescence A Definition of Mental Retardation • Levels of Mental Retardation	412
	Learning Disabilities in Adolescence  Perception • Intersensory Integration • Verbal and Performance Scores on Intelligence Tests • Memory • Developmental Differences in Reading Disability Processes • Attention	417
	Temperamental Problems in Adolescence  Dimensions of Temperament • Continuity in Temperament from	421

	Birth to Adolescence • Temperamental Types and Behavior Disorders	
	Individual and Family Therapy for Adolescent Problems  Where to Turn for Help? • When Should Counseling Be Sought? • Some Basic Principles of Counseling • Behavior Therapy • Other Treatment Approaches	428
CHAPTER 15 SOCIAL PROBI	LEMS AND SOCIAL CHANGE	431
	Diversity and Change in the Problems of Adolescence Types of Social Change Social Characteristics of the Adolescent Population Changes in Population Growth and Distribution • Marital Status and Living Arrangements	438 439 441
	Poverty	442
	Insight into Adolescence, Notes of a Native Son, by James Baldwin	44
	Adolescent Marriage and Divorce  Adolescent Parenthood  Extent of Teenage Parenthood • Socialization for Parenthood •  Medical and Health Consequences of Teenage Parenthood •  Social and Economic Consequences of Teenage Parenthood •  What Can Be Done?	443 448
	Crime and Delinquency  Adolescents as Offenders • Adolescents as Victims • Adolescents as Inmates • Factors Contributing to Adolescent Crime and Delinquency • Helping Delinquent Adolescents	45:
	Gangs Runaways and Societal Dropouts  When and Why Do They Leave? • Who Runs Away? • The Role of the School and Police • The Problem Does Not Go Away • Runaways Who Are Forced to Leave • Help for Runaways • The Societal Dropout	461 462
	Relationships and Alternative Life-Styles  Marriage and Its Alternatives • Singleness • Cohabitation outside of Marriage • Communes	467
	Insight into Adolescence, This is My Story, by Eleanor Recessvelt	488
Glossary References Indexes Name Index Subject Index		478 488 511