

	Tables, Figures, and Exhibits	xiii
	Preface	xxi
	The Editor	xxvii
	Contributors	xxix
1.	Sociodemographic Trends and Projections in the Adolescent Population Susan G. Millstein, Ph.D. Charles E. Irwin, Jr., M.D. Claire D. Brindis, D.P.H.	1
	Part One: Normal Adolescent Growth and Development Editor: Elizabeth R. McAnarney, M.D.	17
	Introduction: Elizabeth R. McAnarney, M.D.	19
2.	Physical Growth and Development in Normal Adolescents Richard E. Kreipe, M.D. Olle Jane Z. Sahler, M.D.	21
3.	Psychological Development in Normal Adolescents Olle Jane Z. Sahler, M.D. Richard E. Kreipe, M.D.	58

**Contents** 

	Part Two: Precursors of Adolescent Health Problems Editor: Frank B. Miller, M.D., F.A.P.A.	89
	Introduction: William R. Hendee, Ph.D.	91
4.	The Influence of the Family and Social Environment Frank B. Miller, M.D., F.A.P.A.	94
5.	Effects of Poverty and Affluence Paul L. Adams, M.D.	118
6.	The Role of Education and Extracurricular Activities William M. Kane, Ph.D. Elias J. Duryea, Ph.D.	139
7.	Life-Style, Risk Taking, and Out-of-Control Behavior Mary E. L. Vernon, M.D., M.P.H.	162
	Part Three: Adolescent Health Issues Editors: Lawrence S. Neinstein, M.D. Robert W. Blum, M.D., M.P.H., Ph.D.	181
	Introduction: William R. Hendee, Ph.D.	183
8.	Substance Abuse Richard G. MacKenzie, M.D.	186
9.	Sexually Transmitted Diseases  Mary-Ann B. Shafer, M.D.  Anna-Barbara Moscicki, M.D.	211
10.	Pregnancy and Its Outcome  Janet B. Hardy, M.D.	250
11.	Chronic Illness and Disability  Gayle Geber, M.P.H.  Nancy A. Okinow, M.S.W.	282
12.	Injuries Carol W. Runyan, M.P.H., Ph.D. Elizabeth A. Gerken, M.S.P.H.	302
13.	Disorders of Self-Image, Depression, and Suicide  Daniel Offer, M.D.  Eric Ostrov, J.D., Ph.D  Kenneth I. Howard, Ph.D.	334

Con	Contents	
14.	Maltreatment of Adolescents  Joanne Oreskovich, M.A.  Robert W. ten Bensel, M.D., M.P.H.	347
	Part Four: Adolescents' Access to Care Editor: Jeffrey C. Bauer, Ph.D.	377
	Introduction: Jeffrey C. Bauer, Ph.D.	379
15.	Difficulties in Recognizing Adolescent Health Issues Judith S. Bensinger, M.D. Abigail H. Natenshon, M.A., L.C.S.W.	381
16.	Analyzing, Planning, Implementing, and Sustaining Successful Interventions  Kimball Austin Miller, M.D., M.S.H.A.	411
17.	Overcoming Barriers to Health Care Access Robert H. DuRant, Ph.D.	431
18.	Economic Issues Affecting Health Care Access Marilyn Moon, Ph.D.	453
19.	Adolescents' Compliance with Therapeutic Regimens Robert H. DuRant, Ph.D. Carolyn Seymore, M.D. M. Susan Jay, M.D.	468
	Part Five: Improving the Health of Adolescents  Editor: William A. Daniel, Jr., M.D.	495
	Introduction: William A. Daniel, Jr., M.D.	497
20.	Meeting the Health Service Needs of Adolescents William A. Daniel, Jr., M.D.	499
21.	The Responsibility of Health Care Professionals Toward Adolescents  William A. Daniel, Jr., M.D.	512
22.	The Role of Social Support and Social Networks in Improving the Health of Adolescents  David A. Hamburg, M.D.  Allyn M. Mortimer, M.A.  Elena O. Nightingale, M.D., Ph.D.	526
	Name Index	543
	Subject Index	549

.

## Tables, Figures, & and Exhibits

## **Tables**

Table 1.1	Actual and Projected Age and Gender Distribution of Adolescents Ages Ten Through Nineteen Years: 1980 to 2000 (in Thousands)	4
Table 1.2	Racial and Ethnic Distribution of Adolescents Ages Ten Through Nineteen: 1985 to 2000 (in Thousands)	5
Table 1.3	Geographical Distribution of Adolescents Ages Ten Through Nineteen by Public Health Regions: 1980 and 2000 (in Thousands)	7
Table 1.4	Percentage of Children Ages Eighteen Years and Younger Living Below Poverty Level: 1975 and 1985	8
Table 1.5	Children and Adolescents Receiving Aid to Families with Dependent Children (AFDC): 1985 (in Thousands)	9
Table 1.6	Percentage of Children Ages Seventeen Years and Younger in Single-Parent Families Living Below Poverty Level, by Race and Ethnicity: 1985	10
Table 2.1	Relationships Between Clinical Conditions and Sexual Maturity Ratings	23

xiv	Tables, Figures, and Ex	hibits
Table 2.2	Primary Action of Major Hormones of Puberty	35
Table 2.3	Triceps Skinfold Thickness for Males and Females	40
Table 2.4	Normal Values for Endocrinological Variables in Females During Puberty	44
Table 2.5	Normal Values for Physiological Variables in Females During Puberty	46
Table 2.6	Normal Values for Endocrinological Variables in Males During Puberty	48
Table 2.7	Normal Values for Physiological Variables in Males During Puberty	50
Table 3.1	Freud: Psychosexual Development	63
Table 3.2	Erikson: Psychosocial Development—Eight Ages of Man	64
Table 3.3	Piaget: Cognitive Development	66
Table 3.4	Kohlberg: Development of Moral Judgment	67
Table 3.5	Sears: A Social Learning Theory of Development	68
Table 9.1	Syndrome: Urethritis	219
Table 9.2	Syndrome: Vaginitis	219
Table 9.3	Syndrome: Endocervicitis	220
Table 9.4	Syndrome: Endometritis	220
Table 9.5	Syndrome: Epididymitis	221
Table 9.6	Syndrome: Proctitis	221
Table 9.7	Treatment Regimens: Gonococcal Infections	222
Table 9.8	Treatment Regimens: Chlamydia trachomatis	225
Table 9.9	Clinical Course of Primary HSV	233

Tables, Figures, and Exhibits		
Table 9.10	Treatment Regimens: HSV	235
Table 9.11	Treatment Regimens: HPV	237
Table 9.12	Syndrome: Bacterial Vaginosis	238
Table 9.13	Clinical Criteria: Diagnosis of Acute Salpingitis (PID)	239
Table 9.14	Treatment Regimens: Acute PID	242
Table 9.15	Common STD Symptoms and Signs in Males and Females	245
Table 9.16	Laboratory Screening for STDs Among Sexually Active Asymptomatic Adolescents During Health Maintenance Visits	246
Table 10.1	Pregnancy Outcome Among American Teenage Females Ages Fifteen Through Nineteen Years, 1984	256
Table 10.2	Abortion Ratios by Race and Age of Young Women, 1984, and Percentage Change, 1983–1984: U.S. Thirteen-State Area	257
Table 10.3	Live Births by Age of Mother and Race of Child, United States, 1985	258
Table 10.4	Distribution of Births to Teenagers by Mother's Age and Race of Child, United States, 1985	259
Table 10.5	Trends in the Distribution of First Births to Teenagers, Fifteen Through Nineteen Years, by Marital Status and Race, 1964–1966 (Average) and 1980, United States	260
Table 10.6	Distribution of Teenage Mothers' Educational Attainment of Twelve Years or More at Delivery, 1985, by Age and Race of Child	260
Table 10.7	Live Births by Time of Onset of Prenatal Care Among Teenagers, by Age of Mother and Race of Child, United States, 1985	261
Table 10.8	Frequency of Low Birth Weight (Below 2,500 Grams) Among Infants Born to Teenagers, by Age of Mother and Race of Child, United States, 1985	261

Suicide Rates Among the Young: 1977–1986 (Fifteen-

Sample Studied in Three Midwestern High Schools

Percentage of Usage of Mental Health Resources in the Past Year by Disturbed and Nondisturbed Adolescents

339

341

342

to Twenty-Four-Year-Olds)

in Three Communities

**Table 13.1** 

**Table 13.2** 

**Table 13.3** 

Tables, Figures, and Exhibits		
Table 17.1	Average Annual Office Visit Rate per 100 Population by Sex, Race, and Age	432
<b>Table 17.2</b>	Percent Distribution of Adolescents' Utilization of Physicians by Age, 1980–1981 and 1985	433
Table 17.3	Percent Distribution of Adolescents' Utilization of Physicians by Age and Sex, 1985	434
Table 17.4	Percent Distribution of the Most Frequent Principal Reasons for Office Visits by Adolescents, by Age and Sex, 1985	435
Table 17.5	Percent Distribution of the Most Frequent Diagnoses for Office Visits by Adolescents, by Age and Sex, 1985	437
Table 18.1	Rates of Poverty Among Children by Race and Age, 1988	455
Table 18.2	Income of Adolescents, 1987	457
Table 18.3	Private Health Insurance Coverage for Children, 1986	462
Table 18.4	Average Number of Physician Visits for Children and Young Adults by Insurance Coverage, 1980	463
Table 18.5	Use of Health Services by Persons Under Age Eighteen with Fifteen or More Restricted-Activity Days, 1980	464
Figures		
Figure 1.1	Actual and Projected Adolescent Population, Ages Ten Through Nineteen Years: 1960 to 2000 (in Millions)	3
Figure 1.2	Racial and Ethnic Distribution of Adolescents: 1985 and 2000	6
Figure 1.3	Percentage of White, Black, and Hispanic Children Under Eighteen Years of Age Living in Intact and Single-Parent Families	10
Figure 2.1	Secular Trend in Stature, Weight, and Age at Menarche	24

xviii	Tables, Figures, and Exl	hibits
Figure 2.2	Changes in Sensitivity of the Hypothalamic Gonadostat	26
Figure 2.3	Sleep Augmentation of LH Secretion During Early Puberty	27
Figure 2.4	FSH Responsivity in Prepubertal, Pubertal, and Adult Subjects	29
Figure 2.5	LH Responsivity in Prepubertal, Pubertal, and Adult Subjects	30
Figure 2.6	Mean Plasma FSH, LH, and Estradiol Concentrations in Females by Sexual Maturity Rating	31
Figure 2.7	Mean Plasma FSH, LH, and Estradiol Concentrations in Males by Sexual Maturity Rating	32
Figure 2.8	Relationships Between Spurt in Height, Weight, Muscle, and Fat, Sex Steroid Levels, Sexual Maturity Rating, and Chronological Age	42
Figure 3.1	Physiological and Psychological Growth and Development	61
Figure 6.1	Comprehensive School Health Education Makes a Difference: Estimates of Number of Children Who Smoke	149
Figure 8.1	Factors Determining Drug Use	194
Figure 8.2	Domains of Adolescent Health	203
Figure 9.1	Reported Cases of Gonorrhea in United States by Age	212
Figure 9.2	Reported Cases of Primary and Secondary Syphilis in United Stages by Age	213
Figure 12.1	Injury Death Rates by Age, 1977-1979	307
Figure 12.2	Major Causes of Death by Age Group, United States, 1980–1982, Ages Ten to Fourteen	308
Figure 12.3	Major Causes of Death by Age Group, United States, 1980–1982, Ages Fifteen to Nineteen	308

Tables, Figur	res, and Exhibits	xix
Figure 12.4	Estimated Total Injury Costs by Age and Sex, United States, 1977 (Adjusted to 1982 Dollars)	310
Figure 12.5	Major Causes of Injury Death by Age Group, United States, 1980–1982	311
Figure 12.6	Basic Haddon Matrix for Generating Countermeasures	326
Figure 12.7	The Barry Model for Sorting Countermeasures	328
Figure 14.1	Age Differences in Maltreatment (Original Definitions)	355
Figure 14.2	Age Differences in Abuse (Original Definitions)	356
Figure 14.3	Age Differences in Neglect (Original Definitions)	357
Figure 14.4	Age Differences in Moderate Injuries (Original Definitions)	357
Figure 14.5	Belsky's Ecologically Integrative Model of Child Abuse	365
Figure 16.1	Product/Market Opportunity Matrix	417
Figure 16.2	Organizational Unit Service Variables	419
Figure 16.3	Product Life Cycle	421
Figure 16.4	Analysis/Intervention Process Algorithm	426
Figure 16.5	Monitoring Interventions	427
Figure 19.1	The Health Communication Model	474
Figure 19.2	Compliance with Contraceptive Regimens	478
Exhibit		
Exhibit 15.1	Adolescent Concern Questionnaire	388