

# Contents

Preface	vii
Acknowledgements	ix

## PART ONE

### Adolescents and Parents: The Developmental Tasks

1. Introduction: The Challenge and Paradox of Adolescence	3
2. Ego Development	6
3. The Family Setting	17
4. Assessing Ego Development and Family Interactions	30
5. Paths Through Adolescence	39

## PART TWO

### Adolescents and Parents: Individual Portraits

6. Profoundly Arrested Ego Development: Charlie Brown, Ellen Foster, Mike Wary	53
7. Steady Conforming Ego Development: Amy Wright, Lou Provo, Sheila Paine	95
8. Progressions in Ego Development: Andy Lewis, Lois Weller, Larry Delta	139
9. Accelerated Ego Development: Aaron Winger, Judy Movine, Sarah Resilie	188

## PART THREE

**Review and Prospects**

<b>10. Sustaining or Endangering Adolescents' Growth</b>	<b>231</b>
<b>Appendix A. Recruiting Procedures and Sample Characteristics</b>	<b>245</b>
<b>Appendix B. Assessments Obtained Annually from All Adolescents and Their Parents</b>	<b>257</b>
<b>Appendix C. Moral Dilemmas Used for Family Discussions</b>	<b>259</b>
<b>Appendix D. Constraining and Enabling Coding System: Abbreviated Instructions for Applying the Codes and Five Coding Sections from the Family Coding Manual</b>	<b>263</b>
<b>Notes</b>	<b>283</b>
<b>References</b>	<b>295</b>
<b>Index</b>	<b>311</b>