



# *Contents*

**Series Editors' Introduction**   vii

**Preface**   xi

- 1. Attachments in Infancy and Beyond**   1
- The Nature and Function of Attachment Behavior   2
  - Individual Differences in Attachment   4
  - Stability of Attachment Patterns   15
  - Predictive Validity of Attachment Classifications   17
  - Applying Attachment Theory to Adults' Close Relationships   19
  - Summary   21
- 2. Early Empirical Studies of Adult Attachment**   22
- Theoretical Analysis of Love as Attachment   23
  - The First Empirical Studies of Love as Attachment   29
  - Early Studies of Adult Attachment: Replicating and Extending the Work of Hazan and Shaver   32
  - Summary   45

<b>3. Conceptualizing and Measuring Adult Attachment</b>	<b>46</b>
Derivatives of Hazan and Shaver's Original Measure	48
A Four-Group Model of Adult Attachment	51
Categorical and Continuous Measures Compared	54
Stability of Adult Attachment	55
Summary	69
<b>4. Refining the Theory: Functions and Elicitors of Adult Attachment</b>	<b>70</b>
The Development of Adult Attachments	71
Love, Work, and the Secure Base	74
Religious Behavior: God as a Secure Base and Safe Haven	76
Attachment Style and Responses to Distress	79
Summary	90
<b>5. Attachment Style, Working Models, and Communication</b>	<b>91</b>
Working Models of Attachment	91
Functions of Working Models	101
Stability and Change in Working Models	105
Attachment and Parent-Child Communication	108
Attachment, Communication, and Intimate Relationships	111
Summary	116
<b>6. Adult Attachment: Broadening the Picture</b>	<b>117</b>
Attachment as the Integration of Behavioral Systems	118
Gender Differences and Similarities	121
Attachment and Personality	126
Attachment and Well-Being	128
Summary	133
<b>7. Applications and Future Directions</b>	<b>135</b>
Theoretical Issues	139
Methodological Issues	142
Future Directions	144
<b>References</b>	<b>149</b>
<b>Author Index</b>	<b>163</b>
<b>Subject Index</b>	<b>167</b>
<b>About the Authors</b>	<b>175</b>