### Contents

#### PREFACE

## Part One

#### HUMAN DEVELOPMENT: PHILOSOPHICAL, HISTORICAL, SOCIAL SCIENTIFIC, AND BIOLOGICAL BASES

1	A LIFE-SPAN	I APPROACH TO HUMAN DEVELOPMENT	3
		WHAT IS DEVELOPMENT?	5
		ALTERNATIVE VIEWS OF HUMAN DEVELOPMENT	6
		The Psychological View / The Developmental View / The Life-Span View / Developmental Issues / The Role of Chronological Age, Cohort, and Life Transitions / Optimization / The Multidisciplinary Emphasis	
		SCIENTIFIC RESEARCH AND THE STUDY OF HUMAN DEVELOPMENT	18
		The Validity of Research / Internal Validity / External Validity	
		DIMENSIONS OF RESEARCH METHODS IN HUMAN DEVELOPMENT	21
		DESIGNS OF DEVELOPMENTAL RESEARCH	22
		The Longitudinal Design / The Cross-Sectional Design / The Time-Lag Design / Sequential Strategies of Design / A Sequential Study of Adolescent Personality Development / A Sequential Study of Intelligence in Adulthood	
		ETHICAL ISSUES IN RESEARCH	33
		THE PLAN OF THIS BOOK	35
		CHAPTER SUMMARY	36

xν

2	MODELS AN	D THEORIES OF HUMAN DEVELOPMENT	38
		SCIENCE AND KNOWLEDGE	40
		MODELS OF HUMAN DEVELOPMENT	41
		The Mechanistic World View and the Reactive Organism / The Organismic World View and Active Organism / The Contextual World View and the Changing Organism in a Changing World	
		IMPLICATIONS OF DEVELOPMENTAL MODELS FOR SCIENTIFIC ACTIVITY	43
		HISTORICAL ROOTS OF CONTEMPORARY VIEWS OF HUMAN DEVELOPMENT	44
		The Historical Role of the Nature-Nurture Issue / Charles Darwin (1809–1882) / G. Stanley Hall (1844–1924) / The Contributions of Terman and Gesell / Behaviorism and Learning Theory / World War II / The 1950s and 1960s / The 1970s through Today	
		THEORIES OF HUMAN DEVELOPMENT	58
		NATURE THEORIES OF HUMAN DEVELOPMENT	58
		Hall's Theory Revisited / The Instinctual Theory of Konrad Lorenz	
		NURTURE THEORIES OF HUMAN DEVELOPMENT	60
		Some Dimensions of Diversity in Nurture Theories / Social Learning Theories of Human Development / The Theory of McCandless	
		INTERACTION THEORIES	64
		Sigmund Freud and Psychoanalysis / A Critique of Freud's Ideas / Structures of the Personality / Erik Erikson and Psychosocial Development / Jean Piaget and Cognitive Developmental (Structural) Theory / Lawrence Kohlberg and Cognitive Developmental Moral Reasoning Theory / Klaus Riegel and Dialectical Theory	
		CHAPTER SUMMARY	73
3	BIOLOGICAL	BASES OF HUMAN DEVELOPMENT	74
		GENES AND HEREDITARY MECHANISMS	76
		Mechanisms of Heredity / Genes	
		THE NATURE-NURTURE ISSUE	80
		Nature Interactions with Nurture / Levels of the Environment / Nurture Interactions with Nature / The Critical Periods of Hypothesis	

BIOLOGICAL MECHANISMS ACROSS THE LIFE SPAN: GROWTH AND AGING	93
Growth / Aging / Biological Theories of Aging	
BIOLOGY-BEHAVIOR-CONTEXT INTERACTIONS	100
Nutrition and Infant and Child Development / Venereal Disease in Adolescence and Young Adulthood / Personality and Cardiovascular Disease in Middle Age / The Eye and Visual Perception in Old Age	
CHAPTER SUMMARY	113
	GROWTH AND AGING Growth / Aging / Biological Theories of Aging BIOLOGY-BEHAVIOR-CONTEXT INTERACTIONS Nutrition and Infant and Child Development / Venereal Disease in Adolescence and Young Adulthood / Personality and Cardiovascular Disease in Middle Age / The Eye and Visual Perception in Old Age

Part Two

#### PRENATAL AND INFANT DEVELOPMENT

1	1		
4	PRENATAL DEVELOPMENT AND BIRTH		117
	PRENATAL DEVELOPMENT		119
	Conception / The Period of the O The Period of the Fetus / Influe	vum (Zygote) / The Period of the Embryo / nces on Prenatal Development	
	THE BIRTH EXPERIENCE: THE	HE PERINATAL PERIOD	126
	Effects of Obstetrical Medication	/ Effects of Prematurity / Postmaturity	
	LABOR AND DELIVERY		131
	The Prelude to Labor / The Onset Second-Stage Labor / Third-Sta		
	CHAPTER SUMMARY		139
5	5 INFANCY: PHYSICAL GROWTH AND CO	GNITIVE DEVELOPMENT	141
	PHYSICAL GROWTH		144
	SENSORY AND PERCEPTUA	L CHANGES	144
	Taste and Touch / Hearing / Visio	n	
	INFANT REFLEXES AND MC	DTOR DEVELOPMENT	150
	COMPLEX BEHAVIORAL SE	QUENCES AND INFANT STATES	154

APPROACHES TO THE STUDY OF COGNITION
LEARNING
What Is Learning? / Types of Learning

What Is Learning? / Types of Learning	
CLASSICAL CONDITIONING	159
Characteristics of Classical Conditioning	
OPERANT CONDITIONING	162
Characteristics of Operant Conditioning / Secondary Reinforcement and Chaining	
CONDITIONING IN INFANCY	165
OBSERVATIONAL LEARNING: MODELING AND IMITATION	169
Observational Learning Process / Developmental Changes in Imitation in Infancy	
PSYCHOMETRIC INTELLIGENCE	173
A Definition of Cognition / Quantitative Dimensions of Cognitive Developr Intelligence Tests / Measures of Infant Intelligence	nent /
THE PIAGETIAN APPROACH TO THE STUDY OF COGNITION	179
PIAGET'S THEORY OF COGNITIVE DEVELOPMENT	179
Stage-Independent Conceptions of Cognitive Development / Stages of Cognitive Development / The Sensorimotor Stage	
CHAPTER SUMMARY	184
INFANCY: SOCIAL AND PERSONALITY DEVELOPMENT	186
SOCIALIZATION	189

156

156

193

The Social Nature of Human Functioning / Person-Social Context Interactions

COMPONENTS	OF THE	SOCIAL	CONTEXT	19	1

The Role of the Family

#### FAMILY INTERACTION: PROCESS AND PRODUCTS OF BIDIRECTIONAL SOCIALIZATION

Infant-Caregiver Interactions

6

ATTACHMENT IN INFANCY	197
A Definition of Attachment / Contrasting Theories of, and Methods for Studying, Attachment / Description of Attachment Phenomena / Explanation of Attachment Phenomena / Attachment and Optimization of Development in Infancy	
PERSONALITY DEVELOPMENT IN INFANCY	203
Defining "Personality" / The Role of Erikson's Theory / Changes in Adaptive Demands across Life / Erikson's Theory of Psychosocial Development in Infancy	
INVESTIGATING THE IMPLICATIONS OF PERSONALITY DEVELOPMENT IN INFANCY	211
The Kagan and Moss Study of Birth to Maturity / The New York Longitudinal Study	
EFFECTS OF SOCIAL ISOLATION AND DEPRIVATION	217
Social Isolation in Rhesus Monkeys / Social Isolation and Deprivation in Human Children / The Reversibility of Early Deprivation Effects	
CHAPTER SUMMARY	224

# Part Three

### CHILD AND ADOLESCENT DEVELOPMENT

7	CHILDHOOD: COGNITIVE DEVELOPMENT	229
	LEARNING IN CHILDHOOD	232
	Developmental Changes in the "Rules" of Learning	
	PSYCHOMETRIC INTELLIGENCE IN CHILDHOOD	236
	Stability and Change during Childhood / Variables That Moderate Intellectual Change / Improving Cognitive Functioning	
	PIAGETIAN IDEAS ABOUT COGNITIVE DEVELOPMENT IN CHILDHOOD	243
	The Preoperational Stage / The Concrete Operational Stage	
	LANGUAGE DEVELOPMENT	247
	Theories of Language Acquisition / Stages of Vocalization / Stages of Linguistic Speech / Functions of Language	

		MORAL DEVELOPMENT IN CHILDHOOD	253
		DEFINITIONS OF MORAL DEVELOPMENT	253
		Freud's Nature-Oriented Theory / Nurture-Oriented Social Learning Theories / Interactionist Cognitive Developmental Theories	
		KOHLBERG'S THEORY OF MORAL-REASONING DEVELOPMENT	257
		Kohlberg's Method of Assessing Moral Reasoning	
		STAGES OF MORAL REASONING IN KOHLBERG'S THEORY: FORMER AND CURRENT LEVEL AND STAGE DESCRIPTIONS	258
		The Former Version of the Theory / The Current Version of the Theory	
		CHARACTERISTICS OF MORAL-REASONING STAGE DEVELOPMENT	262
		A CRITIQUE OF KOHLBERG'S THEORY	263
		Methodological Appraisals of Kohlberg's Theory / Empirical Appraisals of Kohlberg's Theory	
		VARIABLES RELATING TO MORAL DEVELOPMENT	270
		Effects of Models / Family Interactions / Peer Interactions	
		THE ROLE OF SCHOOLS	272
		Physical Characteristics of Schools / Effects of Early School Programs	
		CHAPTER SUMMARY	277
8	CHILDHOOD	SOCIAL AND PERSONALITY DEVELOPMENT	279
		ERIKSON'S THEORY OF PERSONALITY DEVELOPMENT	281
		Stage 3. The Genital-Locomotor Stage / Stage 4. Latency	
		THE ROLE OF THE FAMILY IN CHILD DEVELOPMENT	282
		Parental Childrearing Practices / Child Effects / The Family in Contemporary Context	
		PEER RELATIONS IN CHILDHOOD	297
		Functions of the Peer Group / Determinants of Peer Acceptance and Popularity / Physical (Facial) Attractiveness / Rate of Maturation	

		THE ROLE OF PLAY IN CHILD DEVELOPMENT	303
		Functions of Play / The Development of Play	
		INFLUENCES OF TELEVISION ON CHILD DEVELOPMENT	307
		Variables Related to Television Viewing / Effects of Viewing Televised Aggression / Effects of Viewing Prosocial Television / Effects of Television Commercials / Conclusions	
		CHAPTER SUMMARY	314
-			
9	ADOLESCENC	E: PHYSICAL AND COGNITIVE DEVELOPMENT	316
		A DEFINITION OF ADOLESCENCE	318
		AN OVERVIEW OF ADOLESCENT'S	
		TRANSITIONAL EXPERIENCES	318
		PHYSICAL AND PHYSIOLOGICAL CHANGES IN ADOLESCENCE	320
		Neuroendocrine Mechanisms of Adolescent Bodily Change / Prepubescence / Pubescence / Postpubescence / The Role of Sociocultural Variation / The Role of Historical Variation / Individual, Sociocultural, and Historical Implications of Adolescent Bodily Changes / Problems of Physical Maturation and Functioning	
		COGNITIVE DEVELOPMENT IN ADOLESCENCE	348
		The Psychometric Study of Adolescent Cognition / The Piagetian Approach to the Study of Adolescent Cognition	
		IS THERE A FIFTH STAGE OF COGNITIVE DEVELOPMENT?	356
		CHAPTER SUMMARY	357
40			
W	ADOLESCEN	CE: SOCIAL AND PERSONALITY DEVELOPMENT	359
		THE SOCIAL CONTEXT OF ADOLESCENCE	362
		Peer Relationships / The Emergence of Peer Groups / Family Relationships	
		THE RELATIVE INFLUENCE OF PARENTS AND PEERS	364
		THE GENERATION GAP	365
		Studies of Intergenerational Relations	

EDUCATION DURING ADOLESCENCE	367
Functions of the Educational System / Adolescents' Views about the Functions of Education / Family and Peer Influences on Education / Sociocultural and Historical Influences on Education	
HIGH SCHOOL DROP OUTS	370
Magnitude of the Problem / Why Students Leave School / Consequence of Dropping Out	
ADOLESCENTS AND THE POLITICAL SYSTEM	374
Legal Conceptions of Adolescence / Law and Adolescents / Adolescents as Voters / Political Socialization in Adolescence	
SEXUALITY IN ADOLESCENCE	380
Sexual Behaviors of Adolescents	
ADOLESCENT SEXUALITY TODAY	382
Incidence of Sexual Activity / The Initiation of Sex / Contraceptive Use / Reasons for Inadequate Protection / Sexual Standards	
SOME CONSEQUENCES OF PREGNANCY OUTSIDE OF MARRIAGE IN ADOLESCENCE	389
Extent of the Problem / Outcome of Premarital Pregnancy / Outcomes for Males	
ERIKSON'S VIEWS OF PERSONALITY DEVELOPMENT IN ADOLESCENCE	393
Stage 5. Puberty and Adolescence / Conclusions	
IDENTITY DEVELOPMENT IN ADOLESCENCE: RESEARCH DIRECTIONS	396
Sequences in Ego Development / The Differentiation of Identity Status / Identity: Psychological Dimensions / Identity: Social Dimensions	
CHAPTER SUMMARY	405
SEX DIFFERENCES IN COGNITIVE, PERSONALITY, AND SOCIAL DEVELOPMENT IN CHILDHOOD AND ADOLESCENCE	408
THEORIES OF SEX DIFFERENCES IN PSYCHOSOCIAL FUNCTIONING	410
Nature-Based, Identification Theories / Cognitive Developmental Theories / Nurture Theories / Social Learning Theories / Conclusions	

11

		PERSONALITY DEVELOPMENT IN ADULTHOOD AND AGING	507
		Types of Personality Change / The Case for Discontinuity / The Case for Continuity and Stability / Life-Course Analysis	
		CHAPTER SUMMARY	525
14	ADULTHOOD	O AND AGING: LIFE EVENTS AND LIFE TRANSITIONS	527
		A LIFE-EVENT FRAMEWORK	529
		Types of Life Events / The Timing, Sequencing, and Clustering of Life Events / Exposure to Life Events	
		ADAPTING TO LIFE EVENTS	542
		Mediating Variables / The Adaptive Process	
		CHAPTER SUMMARY	550
15	ADULTHOOD	O AND AGING: THE LIFE CYCLE	551
		THE TRANSITION TO YOUNG ADULTHOOD	554
		Commitment / Dating, Courtship, and Marriage / Parenthood / Divorce / Occupation	
		THE MIDLIFE TRANSITION	565
		The Case for Crisis / The Case for No Crisis / Conclusion: Crisis or No Crisis? / Physical Decline and Awareness of Death / Menopause / The Empty Nest / Careers	
		THE TRANSITION TO OLD AGE	574
		Toward Integrity / Retirement / Grandparenthood / Widowhood / Relocation	
		DEATH AND DYING	585
		The Meaning of Death / Age Differences in Death Perceptions and Attitudes / The Dying Process / Contexts for Dying / Ethical Issues / Grief and Bereavement	
		CHAPTER SUMMARY	593
		GLOSSARY	596
		REFERENCES	615
		INDEXES Name Index Subject Index	653