## Contents

Acknowledgements		<i>page</i> ix
1	Introduction	1
2	Being Pregnant	13
3	The First Months	28
4	The Second Six Months	47
5	One to Two Years Old	67
6	Two to Three Years Old	91
7	Three to Five Years Old	105
8	Early School Days	128
9	Adolescence	140
10	Work, Identity and Love	163
11	Partnership and Marriage	188
12	Parenthood	203
13	Being Alone	229
14	Mid-life	237
15	Old Age	251
16	Dying, Grief and Mourning	262
Conclusion		276
Suggested Films and Videos		278
References		283
Index		293