| etter | to | the | Student | |
|-------|-----|-----|------------|--|
| LCUCI | 11. | HIC | DULIUM III | |

| PART I | ASKING QUESTIONS 1 |
|----------|---|
| | Introduction 1 |
| | Asking Important Questions 2 |
| | Asking Answerable Questions 4 |
| PART II | SOME QUESTIONS, SOME ANSWERS 15 |
| | Does Childhood Stress Affect Adult Personality? 15 |
| | Can Stress Cause Ulcers? 20 |
| | Does Misery Love Company? 24 |
| | Can Learning Create Stress Situations? 28 |
| | Does TV Violence Lead to Aggression Under Stress? 33 |
| | What Does Complete Isolation Do to Personality? 37 |
| | Can Conflict Cause Neurosis? 43 |
| | Is There a Psychophysiological Reason for |
| | Experimental Neurosis? 49 |
| | Can Fear Kill? 54 |
| | |
| | Can Psychologists Help Reduce Conflict Between People? 58 |
| | Can Fear Be Reduced?—A Laboratory Study 65 |
| | Can Fear Be Reduced?—A Case Study 70 |
| | Can Biofeedback Eliminate Headaches? 74 |
| | Does Changing the Environment Change the Behavior? 79 |
| | Brief Descriptions of Other Studies 86 |
| PART III | BEYOND SPECIFIC ANSWERS 90 |
| | Three Characteristics of Behavioral Research 90 |
| | Objective Observation 90 |
| | Control 93 |

v

| Quantification 97 |
|---|
| Research Strategies 100 |
| Some Other Issues in Research 105 |
| Interrelatedness of Questions 105 |
| Why Theory? 108 |
| Ethical Considerations 113 |
| Where Do Questions Come From? 116 |
| Generalizability 119 |
| Subjects 120 |
| Manipulations and Measures 124 |
| Control 125 |
| Replication 127 |
| Beyond Replication 129 |
| Thinking About Behavior 130 |
| Knowledge 132 |
| What's the Question? 133 |
| Can the Question Be Answered by Reliance on |
| Objective Observation? 133 |
| What Observations Can Be Made to Answer the |
| Question? 134 |
| Are There Alternative Explanations? 135 |
| Concluding Comments 137 |
| REFERENCES 139 |
| |