## Contents

Ι	Who's Angry?	3
п	The Shadow of the Past	23
III	Achieving Womanhood	39
IV	Acquiring Manhood	55
v	Marriage and Love	75
VI	Character Traits	102
VII	The "Promise" of Education	130
VIII	Mental Illness and Treatment	154
IX	How Come There's So Much Hate?	181
х	Black Rage	200