

## CONTENTS

	<i>List of Illustrations</i>	viii
	<i>Preface</i>	ix
I	Renaissance Impulse	3
II	The Court	30
III	The Rhythm of Town and Country: The Rôle of the Gentry	61
XIV	Class and Social Life	<del>90</del>
V	Food and Sanitation	124
XVI	Sex	142
VII	Parish and Sport	166
VIII	Custom	200
IX	Mentality and Belief: Witchcraft and Astrology	227
	<i>Notes</i>	273
	<i>Index</i>	286