## Contents

Acknowledgements Preface		vi vii
Chapter 2	Communication Skills and the Languages of Interpersonal Relationships	35
Chapter 3	Interaction and Daily Life in Long-term Relationships	72
Chapter 4	Relationships with Relations: Families and Socialization	112
Chapter 5	Dealing with Strangers, Acquaintances, and Friends	155
Chapter 6	Staying Healthy with a Little Help from Our Friends?	187
Afterword		230
Appendix:	To Help You and Your Instructor	232
References		239
Author Index		263
Subject Index		269