

Contents

Part One: Introduction to Social Skills	1
Chapter 1 On the Nature of Social Skills	3
Chapter 2 From Research to Application	23
Part Two: Developing Social Skills	43
Chapter 3 What to Assess and Why	45
Chapter 4 How to Assess	65
Chapter 5 Teaching More Effective Social Behaviors	85
Chapter 6 Promoting Transfer to the Natural Environment ...	113
Part Three: Applications:	133
Chapter 7 Marital-Skills Training	135
Chapter 8 Skills Training with Children	157
Chapter 9 Training Alternatives to Aggression	179
Chapter 10 Training Social Skills at Work	199
References	215
Index	223