

Contents

I. OVERVIEW OF ATTRIBUTIONAL BIASES AND CLINICAL PSYCHOLOGY

1. Errors and Biases in the Attribution Process 3
Dale T. Miller and Carol A. Porter
Attributional Biases and Clinical Psychology, 4; The Self-serving Attributional Bias, 5; The Need for Effective Control, 9; Underestimation of Situational Influence, 12; Self-Other Differences in Causal Attributions, 15; The Misperception of Self-Other Similarity, 17; Conclusions, 20; Clinical Implications, 24

II. A SOCIAL COGNITION PERSPECTIVE ON PSYCHOLOGICAL HEALTH AND MALADJUSTMENT

2. The Hopelessness Theory of Depression: Does the Research Test the Theory? 33
Lyn Y. Abramson, Gerald I. Metalsky, and Lauren B. Alloy
Preliminary Concepts, 34; Statement and Clarification of the Etiological Postulates of the Hopelessness Theory, 36; Hopelessness Depression: A Theory-based Subtype, 42; Critique of Research Strategies, 47; A Proposal for a Research Strategy, 52; Importance of an Adequate Test of the Theory, 58; General Implications, 59
3. Attributional Styles and the Self-concept 66
William Ickes
Attributional Styles: Conceptualization and Measurement, 67; Identification and Classification of Outcome Attributions, 68; Evidence for Individual Differences in Attribution, 70; Individual Difference Variables and Attributional Styles, 73; Attributional Styles: Implications for Clinical Psychology, 84; Conclusion, 90

4. Information-seeking, Self-esteem, and Helplessness	98
<i>Richard Schulz and Barbara Hartman Hanusa</i>	
Design of the Study, 100; Method, 101; Results, 106; Discussion, 109; Conclusion, 112	
5. Coping with Disease, Crime, and Accidents: The Role of Self-blame Attributions	116
<i>Ronnie Janoff-Bulman and Linda Lang-Gunn</i>	
Attributions and the Need for Meaning, 116; "Why Me?": The Problem of Selective Incidence, 118; Review of Descriptive Studies of Self-blame, 119; The Perception of Personal Invulnerability, 125; The Adaptive/Maladaptive Nature of Self-blame, 128; Empirical Support: Studies on Depression and Rape, 132; The Issue of "Objective" Vulnerability, 138; Epilogue, 142	
6. Investigating the Development and Courses of Intimate Relationships	148
<i>Helen M. Newman and Ellen J. Langer</i>	
Attribution-making and Levels of Mindfulness, 149; Relationship Formation, 150; Relationship Stabilization, 155; Relationship Dissatisfaction and Conflict, 156; Relationship Endings, 166; Summary and Clinical Applications, 169	
III. A SOCIAL COGNITION PERSPECTIVE ON PSYCHOTHERAPY	
7. Psychotherapy as Helping: An Attributional Analysis	177
<i>Vita C. Rabinowitz, Michael A. Zevon, and Jurgis Karuza, Jr.</i>	
Psychotherapy as Help, 177; Judgments in Psychotherapy, 178; Attributional Processes in Psychotherapeutic Judgments, 179; Attributions of Responsibility and Four Models of Helping, 183; Unique Advantages of the Helping Model, 186; The Models and Modes of Psychotherapy: An Attributional Analysis, 190; Implications of an Attributional Analysis of Psychotherapy, 194; Process Redefined, 197	
8. Cognitive Therapy	204
<i>Steven D. Hollon and Judy Garber</i>	
Cognitive Content and Information-processing, 205; Changing Cognitive Contents and Processes Clinically, 217; Conclusions, 244	

9. Curing by Knowing: The Epistemic Approach to Cognitive Therapy	254
<i>Arie W. Kruglanski and Yoram Jaffe</i>	
A Theory of Lay Epistemology: The How of Cognitive Therapy, 255; The Frustrative Hypothesis: The What of Cognitive Therapy, 262; The How of Therapeutic Change: Applying Lay Epistemic Principles, 265; Lay Epistemology and Cognitive Therapies: A Comparative Appraisal, 274; Implications for Research and Practice, 285	
IV. INTERACTION OF CLINICIANS' AND PATIENTS' COGNITIVE BIASES	
10. Clinician and Patient as Aberrant Actuaries: Expectation-based Distortions in Assessment of Covariation	295
<i>Naomi Tabachnik Kayne and Lauren B. Alloy</i>	
Assessment of Covariation in the Clinic, 295; Assessment of Covariation: Laboratory Investigations, 302; Clinician as Aberrant Actuary, 314; Patient as Aberrant Actuary, 334; Interaction of Clinicians' and Patients' Covariation Judgments, 348; Summary and Conclusion, 353	
Index	367