

Contents

I Theory and Perspective 1

- Article 1. Human Competence and Coping: An Overview *Rudolf H. Moos and Vivien Davis Tsu* 3
- Article 2. Strategies of Adaptation: An Attempt at Systematic Description *Robert W. White* 17

II Developmental Life Transitions: The Early Years 33

- Article 3. Kindergarten Entry: A Preventive Approach to Community Mental Health *Karen A. Signell* 37
- Article 4. Parental Divorce in Early Childhood *John F. McDermott, Jr.* 49
- Article 5. Reversibility of Trauma: A Follow-up Study of Children Adopted When Older *Alfred Kadushin* 61

III Developmental Life Transitions: Bereavement in Childhood 77

- Article 6. Children's Reactions to Bereavement: Adult Confusions and Misperceptions *Saul I. Harrison, Charles W. Davenport, and John F. McDermott, Jr.* 81
- Article 7. Children's Disturbed Reactions to the Death of a Sibling *Albert C. Cain, Irene Fast, and Mary E. Erickson* 88
- Article 8. How Surviving Parents Handled Their Young Children's Adaptation to the Crisis of Loss *Diane Becker and Faith Margolin* 101

IV Developmental Life Transitions: The High School and College Years 107

- Article 9. Adaptive Behavior in Competent Adolescents: Coping with the Anticipation of College *Earle Silber, David A. Hamburg, George V. Coelho, Elizabeth B. Murphey, Morris Rosenberg, and Leonard I. Pearlin* 111
- Article 10. Coping Strategies in a New Learning Environment: A Study of American College Freshmen *George V. Coelho, David A. Hamburg, and Elizabeth B. Murphey* 128
- Article 11. Some Observations on Coping Styles of Black Students on White Campuses *Elvin Mackey, Jr.* 139

V Developmental Life Transitions: Intimacy, Marriage, and Parenthood 149

- Article 12. Living Together: A Newfangled Tango or an Old-Fashioned Waltz? *Norman M. Lobsenz* 153
- Article 13. Adaptation to the First Years of Marriage *Harold L. Raush, Wells Goodrich, and John D. Campbell* 160
- Article 14. Parenthood as Crisis: A Re-Study *Everett D. Dyer* 177

VI Developmental Life Transitions: Relocation and Migration 189

- Article 15. Grieving for a Lost Home *Marc Fried* 192
- Article 16. Residential Change and School Adjustment *Murray Levine* 202
- Article 17. Draft Dodgers: Coping with Stress, Adapting to Exile *Saul V. Levine* 213

VII Developmental Life Transitions: Retirement and Aging 223

- Article 18. The Changing American Grandparent *Bernice L. Neugarten and Karol K. Weinstein* 227
- Article 19. Self-Perception of Independence Among Urban Elderly *Harriet H. Warren* 237
- Article 20. Angry in Retirement *Elizabeth Z. Hughes* 250

VIII Developmental Life Transitions: Death and Bereavement 257

- Article 21. Coping with Untimely Death *Avery D. Weisman* 261
- Article 22. Widower, Heal Thyself *Bard Lindeman* 275

- Article 23. The Widow as a Caregiver in a Program of Preventive Intervention with Other Widows *Phyllis Rolfe Silverman* 287
- Article 24. Mourning in Japan *Joe Yamamoto, Keigo Okonogi, Tetsuya Iwasaki, and Saburo Yoshimura* 296

IX Coping with Unusual Stress: The Prisoner of War 305

- Article 25. The *Pueblo* Incident: Psychological Reactions to the Stresses of Imprisonment and Repatriation *Raymond C. Spaulding and Charles V. Ford* 308
- Article 26. The Prisoner of War: Coping with the Stress of Isolation *Edna J. Hunter* 322

X Coping with Unusual Stress: Concentration Camps 333

- Article 27. The German Concentration Camp as a Psychological Stress *Paul Chodoff* 337
- Article 28. The Coping Behavior of Nazi Concentration Camp Survivors *Joel E. Dimsdale* 350
- Article 29. Life Adjustment After Severe Persecution *Peter Ostwald and Egon Bittner* 361

XI Coping with Unusual Stress: Disasters 373

- Article 30. Aftermath of the Atomic Disasters *Irving L. Janis* 376
- Article 31. The Emotional Aftermath of "The Largest Tornado Ever" *Don A. Schanche* 385
- Article 32. Crisis Intervention After a Natural Disaster *Freda Birnbaum, Jennifer Coplon, and Ira Scharff* 394

XII Unusual Stresses of Modern Life 405

- Article 33. Individual and Group Responses to Confinement in a Sky-jacked Plane *Sylvia R. Jacobson* 408
- Article 34. Human Adjustment to an Exotic Environment: The Nuclear Submarine *Jim H. Earls* 420
- Article 35. Patterns of Response Among Victims of Rape *Sandra Sutherland and Donald J. Scherl* 430

Author Index 439

Subject Index 445