

Contents

1	A Brief Historical Introduction to Research on Stressful Life Events	1
	Barbara Snell Dohrenwend and Bruce P. Dohrenwend	
I	RESEARCH PROGRAMS ON RELATIONS BETWEEN STRESSFUL LIFE EVENTS AND EPISODES OF PHYSICAL ILLNESS	
	Introduction	7
2	The Effect of Exposure to Culture Change, Social Change, and Changes in Interpersonal Relationships on Health	9
	Lawrence E. Hinkle, Jr.	
3	Life Change and Illness Susceptibility	45
	Thomas H. Holmes and Minoru Masuda	
4	The Pathway between Subjects' Recent Life Changes and Their Near-Future Illness Reports: Representative Results and Methodological Issues	73
	Richard H. Rahe	
5	Discussion of Research Programs on Relations between Stressful Life Events and Episodes of Physical Illness	87
	David Mechanic	
II	CLINICAL RESEARCH ON RELATIONS BETWEEN STRESSFUL LIFE EVENTS AND PARTICULAR TYPES OF PHYSICAL AND PSYCHIATRIC DISORDER	
	Introduction	99
6	Life Events Before and After the Onset of a Premature Myocardial Infarction	101
	Töres Theorell	

- 7 Personal Catastrophe and Depression: A Consideration of the Subject with Respect to Medically Ill Adolescents, and a Requiem for Retrospective Life-Event Studies** 119

Richard W. Hudgens

- 8 Life Stress and Psychiatric Disorder: Applications of the Clinical Approach** 135

E. S. Paykel

- 9 A Model for Life Events and Their Consequences** 151

Sidney Cobb

III COMMUNITY RESEARCH ON RELATIONS BETWEEN STRESSFUL LIFE EVENTS AND PSYCHIATRIC SYMPTOMATOLOGY

- Introduction** 157

- 10 Child Behavior and Life Events: Undesirable Change or Change Per Se?** 159

Joanne C. Gersten, Thomas S. Langner, Jeanne G. Eisenberg, and Lida Orzek

- 11 Epidemiologic Assessment of Stressful Life Events, Depressed Mood, and Psychophysiological Symptoms—A Preliminary Report** 171

Robert E. Markush and Rachel V. Favero

- 12 Social Class, Life Events, and Psychiatric Symptoms: A Longitudinal Study** 191

Jerome K. Myers, Jacob J. Lindenthal, and Max P. Pepper

- 13 Stressful Life Events and Illness: A Research Area in Need of Conceptual Development** 207

Sheppard G. Kellam

IV	METHODOLOGICAL RESEARCH ON STRESSFUL LIFE EVENTS	
	Introduction	215
14	Meaning, Measurement, and Stress of Life Events	217
	George W. Brown	
15	Conceptual and Methodological Problems in the Study of Resistance Resources and Stressful Life Events	245
	Aaron Antonovsky	
16	Perception of Life Crisis Events: A Comparative Study of Rural and Urban Samples	259
	F. T. Miller, W. K. Bentz, J. F. Aponte, and D. R. Brogan	
17	Problems in Defining and Sampling the Relevant Population of Stressful Life Events	275
	Bruce P. Dohrenwend	
V	CONCLUSION	
18	Overview and Prospects for Research on Stressful Life Events	313
	Barbara Snell Dohrenwend and Bruce P. Dohrenwend	
INDEX		333