Contents

| | Editorial Foreword to the Seriesix Introduction xi | | |
|------|--|--|--|
| PART | I STRESS AT WORK IN PERSPECTIVE | | |
| 1. | The Epidemiology of Occupational Stress | | |
| PART | II FACTORS IN THE PERSON'S ENVIRONMENT | | |
| 2. | Blue Collar Stress | | |
| 3. | Sources of Managerial and Professional Stress in Large Organizations | | |
| 4. | Operator Stress and Computer-based Work | | |
| 5. | Nonwork Roles and Stress at Work | | |
| 6. | Psychological Stressors Associated with Industrial Relations 175 Stephen D. Bluen and Julian Barling | | |
| PART | III FACTORS IN THE PERSON | | |
| 7. | Individual Differences in the Study of Occupational Stress | | |
| 8. | The Determinants and Consequences of Coping with Stress | | |

PART IV THE PERSON IN THE WORK ENVIRONMENT

| 9. | Promoting the Individual's Health and Well-Being | |
|----|--|--|
| | John M. Ivancevich and Michael T. Matteson | |

10. Workplace Interventions for Stress Reduction and Prevention 301 Lawrence R. Murphy

PART V ISSUES IN RESEARCH ON STRESS AT WORK

11. The Future of Physiological Assessments in Work Situations 343 *Yitzhak Fried*

| 12. | Methodological Issues in the Study of Work Stress: |
|-----|--|
| | Objective vs Subjective Measurement of Work Stress |
| | and the Question of Longitudinal Studies |
| | Michael Frese and Dieter Zapf |

| Conclusions | 413 |
|-------------|-----|
| Index | 415 |