Contents

Preface to the American Edition vii Introduction 1

1 Between the Real and the Fake 9

The Kitschy World of "Zen in/and the Art of ..." 10 The Rock Garden in New York 18 The Moving Borderline 22

2 The Mystery of Zen in the Art of Archery 29

The Beginning of the Story 30
Spiritual Archery and Herrigel's Meeting with Its Teacher 3
Becoming a Disciple 32
Breathing 33
The Release 34
Purposefulness and Purposelessness 36
The Target in the Dark 37
The Riddle of "It" 40

3 Dissecting the Myth 43

The Spread of Zen in the Art of Archery 44
The Moment the Myth Was Born 46
What Is Japanese Archery? 57
The Great Doctrine of the Way of Shooting 6
What Herrigel Studied 65

4 The Erased History 75

The Blank Slate 76
Herrigel's Early Years 79
The Japanese in Heidelberg 83
Homecoming and the Nazis 94
From the End of the War to Retirement 99

5 Are Rock Gardens Really Pretty? 105

From the "Tiger Cubs Crossing the River" to the "Higher Self"

The Neglected Rock Garden 110

The Rock Garden in Textbooks 113

Unsightly Stones and a Weeping Cherry Tree 134

Shiga Naoya and Murō Saisei 144

Are Rock Gardens Pretty? 154

Popularization and the Expression of Zen 161

Proof of Beauty 169

6 Looking at the Mirror's Reflection 185

Another Japan Experience 186
Bruno Taut and Ryōanji 194
The People Who Introduced Zen and Ryōanji to the West 199
Isamu Noguchi 203
How Zen in the Art of Archery and Ryōanji Were Received 207
Does Zen Stink? 215
Kyūdō, Zen, and the Olympics 223
I Knew It! It's Zen! 234

Postscript 243
Translator's Afterword 251
Appendix: Herrigel's Defense 255
Kanji for Personal Names 263
Kanji for Japanese Terms 267
Bibliography 271
Index 283