Preface		xxix
Acknowled	gments	xxxiii
Author		xxxv
Executive S	ummary	xxxvii
Common N	ame Guide to Exotic Food Plants Discussed in Detail	xxxix
	ame Guide to Exotic Food Plants Discussed in Detail	
Cautions		xlix
Chapter 1	Introduction	1
	How the Choice of the Leading 100 Exotic Food Plants Was Made	1
	Spices: Essential Exotic Flavors	3
	Commercial Aspects	3
	The Health Dimension	4
	Natural Toxins	5
	Microbiological Safety	5
	Nutritional Deterioration	
	Marketing Hyperbole	6
	Antioxidant-Rich Fruits	6
	Dangers of Insufficient Risk/Benefit Analysis in the Marketing of Allege	edly
	Healthful Exotic Plant Foods	8
	The Ethical Dimension	8
	Fast-Food Imperialism	9
	The Environmental Dimension	
	Fair Trade	13
	Biopiracy	15
	Historical Transfers of Crop Cultivation among Nations	
	References	17
Chapter 2	Statistical Summary and Format of Presentation for the	
Chapter 2	100 Exotic Food Plants.	19
	Analysis of the Principal Food Uses and Commercial	
	Production Areas of the 100 Exotic Food Plants	
	Format of Presentation	
	References	29
Chapter 3	Acai Berry	31
	Names	31
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Curonics of Science and Technology	

	Key Information Sources	34
	Specialty Cookbooks	35
Chapter 4	Acerola (Barbados Cherry)	37
	Names	37
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 5	Akee	41
	Names	41
	Plant Portrait	41
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 6	Allspice (Pimento)	47
	Names	47
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 7	Arrowroot	51
	Names	51
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 8	Asafetida	55
	Names	55
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	

	Key Information Sources	
	Specialty Cookbooks	59
Chapter 9	Bamboo	61
	Names	61
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Specially Cookbooks	03
Chapter 10	Baobab	67
	Names	67
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	•••	
	Key Information Sources Specialty Cookbooks	
	Specially Cookbooks	13
Chapter 11	Bay	75
	Names	75
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Specially Cookbooks	
Chapter 12	Betelnut	81
	Names	81
	Plant Portrait	81
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 13	Breadfruit	87
	Names	87
	Plant Portrait	87
	Culinary Portrait	89
	Culinary Vocabulary	90
	Curiosities of Science and Technology	90
	Key Information Sources	91
	Specialty Cookbooks	92

Chapter 14	Cacti	93
	Cactus Pear	95
	Names	95
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	99
	Key Information Sources	
	Specialty Cookbooks	
	Dragon Fruit	
	Names	
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	106
Chapter 15	Candlenut	107
	Namas	107
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	110
Chapter 16	Cape Gooseberries and Tomatillo: Physalis Species	111
	Physalis Names	111
	Cape Gooseberry	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Dwarf Cape Gooseberry	
	Names	
	Plant Portrait	
	Culinary Portrait	115
	Curiosities of Science and Technology	115
	Key Information Sources	116
	Specialty Cookbooks	117
	Tomatillo	117
	Names	
	Plant Portrait	
	Culinary Portrait	

	Culinary Vocabulary	119
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 17	Caper	121
	Names	121
	Plant Portrait	121
	Culinary Portrait	122
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	125
Chapter 18	Carambola, Star Fruit	127
	Names	127
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	129
	Specialty Cookbooks	130
Chapter 19	Carob	131
	Names	131
	Plant Portrait	
	Culinary Portrait	132
	Culinary Vocabulary	132
	Curiosities of Science and Technology	132
	Key Information Sources	134
	Specialty Cookbooks	135
Chapter 20	Cashew	137
	Names	137
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	138
	Key Information Sources	140
	Specialty Cookbooks	140
Chapter 21	Cassabanana	143
	Names	143
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	

	Curiosities of Science and Technology	144
	Key Information Sources	
	Specialty Cookbooks	
Chapter 22	Ceriman	147
	Names	147
	Plant Portrait	147
	Culinary Portrait	148
	Curiosities of Science and Technology	
	Key Information Sources	149
	Specialty Cookbooks	150
Chapter 23	Chayote	151
	Names	151
	Plant Portrait	151
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	152
	Key Information Sources	
	Specialty Cookbooks	
Chapter 24	Cherimoya and Atemoya	157
	Names	157
	Plant Portrait.	157
	Cherimoya	
	Atemoya	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 25	Chinese Artichoke	163
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 26	Citron	169
	Names	140
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Carriery Tocaratary	1/1

	Curiosities of Science and Technology	171
	Key Information Sources	
	Specialty Cookbooks	
Chapter 27	Clove	173
	Names	173
	Plant Portrait	173
	Culinary Portrait	174
	Culinary Vocabulary	174
	Curiosities of Science and Technology	175
	Key Information Sources	176
	Specialty Cookbooks	177
Chapter 28	Coca	179
•	Names	
	Plant Portrait	
	Culinary Portrait	
	Curiosition of Spinger and Trahmalanu	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	184
Chapter 29	Coco de Mer (Double Coconut)	185
	Names	185
	Plant Portrait	186
	Culinary Portrait	186
	Culinary Vocabulary	187
	Curiosities of Science and Technology	187
	Key Information Sources	189
	Specialty Cookbooks	189
Chapter 30	Culantro	191
	Names	191
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chanter 31	Cumin and Black Cumin	195
omptet 11	Cumin Cumin	
	Names	
	Plant Portrait.	
	Culinary Vocabulary	
	Culinary Vocabulary	エフィ

	Curiosities of Science and Technology	197
	Key Information Sources	
	Specialty Cookbooks	
	Black Cumin	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
CI		202
Chapter 32	Cycads	203
	Names	
	Plant Portrait	
	Culinary Portrait	207
	Culinary Vocabulary	207
	Curiosities of Science and Technology	207
	Key Information Sources	208
	Specialty Cookbooks	209
Chapter 33	Durian	211
•	Names	
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	213
Chapter 34	Epazote	217
	Names	217
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chanter 35	Feijoa	221
Chapter 33	·	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	223
	Spagnolin Caalsbaake	22.4

Chapter 36	Fenugreek	225
	Names	225
	Plant Portrait	
	Culinary Portrait	226
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 37	Galangal	
	Names	229
	Plant Portrait	229
	Culinary Portrait	230
	Curiosities of Science and Technology	230
	Key Information Sources	
	General References	
	Greater Galangal (Alpinia galanga)	
	Lesser Galangal (Alpinia officinarum)	
	Kaempferia Galangal (Kaempferia galanga)	
	Specialty Cookbooks	
CI . 10		225
Chapter 38	Ginger	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	238
	Curiosities of Science and Technology	238
	Key Information Sources	239
	Specialty Cookbooks	240
Chanter 30	Ginkgo	241
Chapter 55	-	
	Names	
	Plant Portrait	
	Culinary Portrait	244
	Culinary Vocabulary	245
	Curiosities of Science and Technology	245
	Key Information Sources	246
	Specialty Cookbooks	247
Chapter 40	Goji	249
-	Names	
	Plant Portrait.	
	Culinary Portrait	
	Caution	
	Warning	
	Culinary Vocabulary	
	Cumary vocabulary	/-

xiv

	Curiosities of Science and Technology	252
	Key Information Sources	
	Specialty Cookbooks	
Chapter 41	Grass Pea	255
	Names	255
	Plant Portrait	255
	Culinary Portrait	255
	Culinary Vocabulary	256
	Curiosities of Science and Technology	256
	Key Information Sources	258
	Specialty Cookbooks	259
Chapter 42	Guarana	261
	Names	261
	Plant Portrait	
	Culinary Portrait	262
	Culinary Vocabulary	262
	Curiosities of Science and Technology	262
	Key Information Sources	263
	Specialty Cookbooks	264
Chapter 43	Guava	265
	Names	265
	Plant Portrait	265
	Culinary Portrait	265
	Culinary Vocabulary	266
	Curiosities of Science and Technology	266
	Key Information Sources	2 <u>6</u> 7
	Specialty Cookbooks	268
Chapter 44	Gum Arabic	269
	Names	269
	Plant Portrait	269
	Culinary Portrait	272
	Culinary Vocabulary	273
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	275
Chapter 45	Hemp (Hempseed)	277
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	282

Chapter 46	Horseradish Tree	283
	Names	283
	Plant Portrait.	283
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 47	Jackfruit	289
	Names	280
	Plant Portrait	
	Culinary Portrait	
	· · · · · · · · · · · · · · · · · · ·	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Specially Cookbooks	. 272
Chapter 48	Japanese Vegetables	.293
	Gobo (Burdock)	.293
	Names	.293
	Plant Portrait	.294
	Culinary Portrait	. 294
	Culinary Vocabulary	295
	Curiosities of Science and Technology	
	Key Information Sources	.296
	Specialty Cookbooks	.297
	Garland Chrysanthemum (Chop Suey Green)	
	Names	. 297
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Mitsuba and Honewort	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Water Dropwort	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	307

xvi

	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	309
Chapter 49	Jicama	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
Chapter 50	Jujube	
•	Names	
	Plant Portrait	317
	Culinary Portrait	318
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	320
Chapter 51	Kava	321
	Names	
	Plant Portrait	
	Culinary Portrait	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 52	Khat	327
	Names	327
	Plant Portrait	327
	Culinary Portrait	329
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
Chapter 53	Kiwi	
спария ээ	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	338

Contents xvii

Chapter 54	Kumquat	. 339
	Names	. 339
	Plant Portrait	. 339
	Culinary Portrait	. 339
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 55	Lemongrass	343
	Names	. 343
	Plant Portrait	. 343
	Culinary Portrait	.344
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 56	Lemon Verbena	. 347
	Names	347
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 57	Loofah	351
	Names	. 351
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 58	Loquat	. 357
	Names	357
	Plant Portrait.	
	Culinary Portrait	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 59	Lychee, Longan, and Rambutan	. 361
	Lychee	. 361
	Names	
	Plant Portrait	

	Culinary Portrait	362
	Culinary Vocabulary	
	Curiosities of Science and Technology	363
	Key Information Sources	363
	Specialty Cookbooks	364
	Longan	
	Names	
	Plant Portrait	364
	Culinary Portrait	365
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	366
	Specialty Cookbooks	
	Rambutan	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 60	Macadamia Nut	373
	Names	272
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	3 <del>/9</del> -
Chapter 61	Mangosteen	381
	Names	381
	Plant Portrait	
	Culinary Portrait	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Specially Cookbooks	
Chapter 62	Medlar	385
_	Names	205
	Plant Portrait	
	Culinary Portrait	
	Curiosities of Science and Technology	
	Curiosities of Science and Technology	
	Key Information Sources	
	DUCCIAILY COUNTOURS	189

Chapter 63	Melons (Exotic)	391
	Bitter Melon	391
	Names	391
	Plant Portrait	391
	Culinary Portrait	393
	Culinary Vocabulary	393
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Horned Melon (Kiwano)	
	Names	
	Plant Portrait	
	Culinary Portrait	396
	Curiosities of Science and Technology	397
	Key Information Sources	
	Specialty Cookbooks	
Chapter 64	Miracle Fruit	399
	Names	399
	Plant Portrait	399
	Culinary Portrait	400
	Culinary Vocabulary	
	Warning	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 65	Myrrh	405
	Names	405
	Plant Portrait	405
	Culinary Portrait	407
	Culinary Vocabulary	407
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 66	Neem	409
	Names	409
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 67	Noni (Indian Mulberry)	415
	Names	415
	Plant Portrait.	
	I full I Willatterman,	115/

	Culinary Portrait	417
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Specially Cookbooks	
Chapter 68	Nutmeg and Mace	419
	Names	419
	Plant Portrait	419
	Culinary Portrait	420
	Culinary Vocabulary	421
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	423
Chapter 69	Oca	425
	Names	425
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 70	Okra	429
	Names	429
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	433
Chapter 71	Opium Poppy	435
Omapoor / 2		
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
Chanter 72	Palmyra Palm	4.40
Chaptel 12	•	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	445

	Curiosities of Suitane and Technology	4.47
	Curiosities of Science and Technology	
	Specialty Cookbooks	
Chapter 73	Passionfruit (Granadilla)	449
	Names	449
	Plant Portrait	
	Culinary Portrait	452
	Culinary Vocabulary	453
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	454
Chapter 74	Peach Palm	455
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
Chanter 75	Pepino	
<b>F</b>	Names	
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 76	Perilla	465
	Names	465
	Plant Portrait	465
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specially Cookbooks	
Chapter 77	Persimmon	471
	Names	
	Plant Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Coalchacks	475

Chapter 78	Pomegranate	477
	Names	477
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 79	Quinine	
	Names	483
	Plant Portrait	483
	Culinary Portrait	485
	Culinary Vocabulary	487
	Curiosities of Science and Technology	487
	Key Information Sources	
	Specialty Cookbooks	489
Chapter 80	Rooibos Tea	491
	Names	401
	Plant Portrait	
	Culinary Portrait	
	· · · · · · · · · · · · · · · · · · ·	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	494
Chapter 81	Rose Apple	495
	Names	495
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 82	Roselle	499
	Names	499
	Plant Portrait	499
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	

Chapter 83	Saffron	505
	Names	505
	Plant Portrait	505
	Culinary Portrait	506
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 84	Sago Palm	511
	Names	511
	Plant Portrait	511
	Culinary Portrait	511
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 85	Sapodilla	515
	Names	515
	Plant Portrait	515
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 86	Sapote	519
	Names	519
	Pouteria Species	
	Casimiroa Species	
	Diospyros Species	
	Quararibea Species	
	Plant Portrait.	
	Mamey Sapote	
	White Sapote	
	Black Sapote	
	South American Sapote	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Casimiroa Species	
	Diospyros Species	
	Pouteria Species	
	Quararibea Species	
	Specialty Cookbooks	

Chapter 87	Sarsaparilla	. 525
	Names	. 525
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 88	Sea Buckthorn	. 531
•		
	Names	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	= :	
	Key Information Sources	
	Specialty Cookbooks	. 555
Chapter 89	Spinach (Exotic Species)	. 537
	Malabar Spinach	537
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources.	
	Specialty Cookbooks	
	New Zealand Spinach	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Water Spinach	
	Names	. 543
	Plant Portrait	.544
	Culinary Portrait	. 545
	Culinary Vocabulary	.545
	Curiosities of Science and Technology	
	Key Information Sources	. 545
	Specialty Cookbooks	.546
<b>CI</b>		<b>-</b>
Chapter 90	Stevia	. 547
	Names	. 547
	Plant Portrait	. 547

	Culinary Portrait	549
	Culinary Vocabulary	549
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	552
Chapter 91	Sweetsop and Soursop	553
	Sweetsop	553
	Names	
	Plant Portrait.	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Soursop	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 92	Tamarind	559
	Names	559
	Plant Portrait.	
	Culinary Portrait	
		560
	· · · · · · · · · · · · · · · · · · ·	
	Culinary Vocabulary	560
	· · · · · · · · · · · · · · · · · · ·	560 561
	Curiosities of Science and Technology	560 561
Chapter 93	Culinary Vocabulary	
Chapter 93	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks Tobacco	
Chapter 93	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tobacco	
Chapter 93	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tobacco Names Plant Portrait	
Chapter 93	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tobacco Names Plant Portrait Culinary Portrait	
Chapter 93	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tobacco Names Plant Portrait Culinary Portrait Culinary Vocabulary	
Chapter 93	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tobacco Names Plant Portrait Culinary Portrait Culinary Vocabulary Curiosities of Science and Technology	
Chapter 93	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tobacco Names Plant Portrait Culinary Portrait Culinary Vocabulary	
	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tobacco  Names Plant Portrait Culinary Portrait Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks	
	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tobacco Names Plant Portrait Culinary Portrait Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tree Tomato (Tamarillo)	
	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tobacco  Names Plant Portrait Culinary Portrait Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tree Tomato (Tamarillo)  Names	
	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tobacco  Names Plant Portrait Culinary Portrait Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tree Tomato (Tamarillo)  Names Plant Portrait.	
	Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tobacco  Names Plant Portrait Culinary Portrait Culinary Vocabulary Curiosities of Science and Technology Key Information Sources Specialty Cookbooks  Tree Tomato (Tamarillo)  Names	

	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	575
Chapter 95	Turmeric	577
	Names	577
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	578
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 96	Vietnamese Herbs	581
	Rau Om	582
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Rau Ram (Vietnamese Coriander)	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Vap Ca (Chameleon Plant)	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Curiosities of Science and Technology	
	Curiosities of Science and Technology	
	Specialty Cookbooks	
	Vietnamese Balm	
	Names	
	Plant Portrait.	
	Culinary Portrait	
	·	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
Chapter 97	Wasabi	
-		
	Names	
	Plant Portrait.	595

Contents xxvii

	Culinary Portrait	. 596
	Culinary Vocabulary	. 597
	Curiosities of Science and Technology	. 597
	Key Information Sources	. 598
	Specialty Cookbooks	.600
Chapter 98	Water Chestnut	. 601
	Chinese Water Chestnut	601
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	European Water Chestnut	
	Names	
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	.607
Chapter 99	Wax Gourd	.609
	Names	609
	Plant Portrait	
	Culinary Portrait	
	Culinary Vocabulary	
	Curiosities of Science and Technology	
	Key Information Sources	
	Specialty Cookbooks	
	Specially Cookbooks	. 012
Chapter 100	Wonderberry and Garden Huckleberry	. 613
	Names	613
	Plant Portrait	
	Culinary Portrait	
	Curiosities of Science and Technology	
	Key Information Sources	
	General	
	Wonderberry (Solanum retroflexum)	
	Garden Huckleberry ( <i>Solanum scabrum</i> )	
	Speciatry Cookbooks	. 017
Chapter 101	Yard-Long Bean	. 619
Chapter 101	-	
Chapter 101	Yard-Long Bean  Names  Plant Portrait	. 619

Culinary Portrait	620
Culinary Vocabulary	
Curiosities of Science and Technology	621
Key Information Sources	621
Specialty Cookbooks	622
Chapter 102 Zedoary	623
Names	623
Plant Portrait	
Culinary Portrait	624
Culinary Vocabulary	625
Curiosities of Science and Technology	625
Key Information Sources	625
Specialty Cookbooks	626
Appendix 1 Sources of Illustrations Presented in This Book	627
Appendix 2 Selected Literature on Exotic Food Crops	631
Index of Common Names	639
Index of Scientific Names	651
Index of Culinary Terms and Diches	655